OUR PURPOSE
Revolutionizing the sexual and gender climate by eliminating barriers and advancing healthy sexuality.

OUR POTENTIAL
Leadership in sexuality research, education, clinical care, and advocacy to promote positive sexual and gender health for all.

OUR WORK

RESEARCH
Generating ground breaking discovery through sexual health research.

CLINICAL CARE
Developing exceptional evidence-based clinical approaches to sexual health.

EDUCATION
Creating a nationally recognized center for sexual health education.

ADVOCACY AND PUBLIC POLICY
Advocating for sex and gender rights.

Generating ground breaking discovery through sexual health research.
This was an amazing year for the Program in Human Sexuality. We have had a significant increase in the number of publications and grant activity. Our clinical services continue to transform lives, even when the increased clientele constitutes a waitlist. We have made major revisions to our human sexuality course for medical students, which is still one of the finest in the country. Our postdoctoral fellows have had remarkable success with their scholarly output. We started an online certificate program in human sexuality and are working to establish a master’s degree program in human sexuality. Based on scientific knowledge, we continue to advocate for sexual and gender rights, access to care, and policies which foster sexual health around the world.

We could not accomplish this without the wonderful faculty, fellows and staff of the Program. While we have done well in clinical, educational, and research income, philanthropic support has been critical to maintaining our excellence and investing in critical areas. These are challenging times as we continue to experience threats to the sexual and gender health of our nation. The fundamental right to sexual health is being challenged – from abortion rights, contraceptive availability, funding for HIV and STI prevention, health care insurance for sexual health conditions, laws and policies guaranteeing fundamental rights of the LGBTQ community, and funding for critical research in sexual health.

Now more than ever, we will continue to revolutionize the sexual and gender climate by eliminating barriers and advancing healthy sexuality. As the premier institute for sexual health, we are committed to providing the leadership needed to advance sexuality research, education, clinical care, and advocacy to promote sexual and gender health FOR ALL!

With your continued support, we have established the only two endowed Chairs in Sexual Health in the world and are working to establish two new endowed Chairs in Clinical Sexual Health and Sexuality and Aging. With these positions, and establishing our National Center for Gender Spectrum Health, we are poised to move the Program to an Institute level at the University of Minnesota. As the Program prepares for our 50th Anniversary, we will create a lasting legacy which will be impactful in ways that our founders only dreamed about. We will keep dreaming and turning those dreams into reality!

Warmly,

Eli Coleman, PhD
Director and Professor
Chair in Sexual Health
RESEARCH

PHS has new grant applications in transgender and gender diverse health, and in sexual offender treatment. We have a new NIH-funded project on female genital circumcision, and we continue to explore today’s vexing issues of sexual violence prevention and compulsive sexual behavior.

- Michael Miner, PhD, Director of Research

Treatment of Consequences of Female Genital Cutting
Bean Robinson, PhD is the principal investigator of this study funded by National Institutes of Health, with additional research performed by Jennifer Connor, PhD, LMFT.

Body Dysphoria Among Pre-Pubescent Children with Gender Dysphoria
Dianne Berg, PhD is the principal investigator of this study funded by the University of Minnesota’s Grant-in-Aid program.

Sexual Health Training for Health Professional Students in Tanzania
Simon Rosser, PhD, MPH is the principal investigator of this study funded by National Institutes of Health with additional research performed by Michael Ross, MD, PhD, MPH.

Compulsive Sexual Behavior Research
Eli Coleman, PhD, is the lead investigator for these research projects focused on better defining, diagnosing, and treating compulsive sexual behavior.

Sex Offender Treatment Intervention and Progress Scale (SOTIPS) Implementation Evaluation Project
Michael Miner, PhD, is the principal investigator of this study funded by the National Institutes of Justice of the Department of Justice.

We educate postdoctoral psychologists, medical students, medical residents, and researchers in specialized sexual health care and sexual science.

Current postdoctoral fellows:
- Janna Dickenson, PhD
- Alex Kovic, PsyD
- Nick Newstrom, PhD, LMFT
- Alex Tatum, PhD
- Ghazel Tellawi, PhD

Postdoctoral fellowship programs:
- Doug Braun-Harvey Fellowship in Compulsive Sexual Behavior
- Michael E. Metz Fellowship in Couples’ Sexual Health
- Randi and Fred Ettner Fellowship in Transgender Health
- Human Sexuality Fellowship

Graduated postdoctoral fellows:
- Leo Candelario Pérez, PhD
- Abby Girard, PsyD
- Nic Rider, PhD

EDUCATION

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- Abby Girard, PsyD
- Nic Rider, PhD
We make profound and lasting changes in the lives of individuals, couples, and families of all backgrounds and ages by providing the best available clinical care by highly skilled clinicians.

We care for people with a variety of needs:

- relationship and sex therapy
- abuse recovery
- compulsive sexual behavior
- transgender/gender non-conforming health services

Dianne Berg, PhD:
- Working with community and government groups to provide education about transgender and gender non-conforming people
- Member of the Revision Committee of the World Professional Association for Transgender Health’s Standards of Care for the Treatment of Transsexual, transgender and gender non-conforming people (Version 8).

Eli Coleman, PhD:
- Chairing the Revision of the World Professional Association for Transgender Health’s Standards of Care for the Treatment of Transsexual, transgender and gender non-conforming people (Version 8).

Jamie Feldman, MD, PhD:
- Member of Transgender Policy Development Committee within University of Minnesota Medical School/Fairview Health System, developing patient care policy and basic Transgender Education for all health care personnel in the Fairview system.

Nic Rider, PhD:
- Member of the Revision Committee of the World Professional Association for Transgender Health’s Standards of Care for the Treatment of Transsexual, transgender and gender non-conforming people (Version 8).
- Working with community groups to provide education about LGBT people of color, particularly Asian American LGBT individuals.

Bean Robinson, PhD:
- Advocating for insurance coverage for treatment of sexual dysfunctions.

Katie Spencer, PhD:
- Working with insurance companies and community groups to push for coverage of medically necessary healthcare for transgender and gender non-conforming people.
- Member of the Revision Committee of the World Professional Association for Transgender Health’s Standards of Care for the Treatment of Transsexual, transgender and gender non-conforming people (Version 8).
**CHAIR IN SEXUAL HEALTH**

**ACCOMPLISHMENTS**

- Advanced sexual health and rights through collaboration with international health organizations
- Provided infrastructure and faculty support for professional development
- Provided seed funding for research activities
- Provided infrastructure support for communications to stakeholders
- Provided support for philanthropic development

**EXPENSES**

- Faculty Development
- Philanthropic Development
- Training
- Travel
- Communications

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**JOYCELYN ELDERS CHAIR IN SEXUAL HEALTH EDUCATION**

**ACCOMPLISHMENTS**

- Directed Medical School course in human sexuality
- Revised sexual health medical course final exam using simulated patients and taking sexual histories
- Evaluation of the impact of sexual health education scale (SHEPS)
- Launched LGBT elective for medical students in partnership with Family Tree Clinic and PRIDE Institute
- 14 peer-reviewed journal articles published
- U of Minnesota Innovation grant: collecting data on MSM in East Africa and sexual health educational sources
- NIH R-01 currently funded for 5 years, teaching and evaluating sexual health to medical and nursing students in Tanzania
- Developing sexual health education evaluation tool for the general public
- Developing an additional MOOC in sexuality and disability

**EXPENSES**

- Chair salary
- Educational Activities
- Support staff salaries
- Travel
ESTABLISHING THE BEAN ROBINSON ENDOWED CHAIR IN CLINICAL SEXUAL HEALTH

An endowed chair in this area will allow a faculty leader to provide exceptional clinical care to individuals, couples, and families. In addition, the chair would advance research to develop best practices and evidence-based clinical approaches to sexual health, with the goal of leading and influencing the community of care around the world. Of particular importance are evidence-based practices for:

- Increasing pleasurable sexual experiences across the lifespan
- Clinical care of transgender and gender non-conforming individuals
- Treatment of compulsive sexual behavior, paraphilia, sexual pain disorders, and sexual desire concerns

Bean Robinson and her partner, Walter Sawicki, have directed a generous donation to this effort. Dr. Robinson has a multifaceted and extensive career in clinical sexual health: from HIV research studies in the 1990’s to the many individuals and relationships she has helped through her thoughtful clinical care. Dr. Robinson’s mentorship and work ethic have inspired countless faculty to rise to her standards.
ESTABLISHING THE PEPPER SCHWARTZ ENDOWED PROFESSORSHIP IN SEXUALITY AND AGING

An endowed professorship in sexuality and aging will ensure the ongoing sustainability, growth, and success of our bold three-pronged mission to:

- Expand scientific research in positive sexual health and clinical care for older adults
- Improve education about aging and sexuality for healthcare providers
- Provide accurate information and positive attitudes about sexuality among aging people through the media

PHS named this professorship to honor Dr. Pepper Schwartz for her lifetime of contributions to the field of sexual health. Dr. Schwartz has written or co-authored 25 books. She appears prominently in magazines, on the web, and on television on the subject of sexuality. Dr. Schwartz also served for over a decade as the love, sex and relationship ambassador to AARP.

Pepper Schwartz, PhD, is a sociologist and sexologist who teaches at the University of Washington in Seattle.

$1.5M Goal
$281,729 Remaining

$1,218,271 Gifts and pledges
ESTABLISHING THE NATIONAL CENTER FOR GENDER SPECTRUM HEALTH

Mission: to eliminate gender-based stigma and discrimination, support healthy gender identity development for both cis and transgender people across the lifespan, and expand research to improve healthcare and quality of life for transgender and gender-diverse individuals, families, and communities.

2018 was wonderful for NCGSH: We threw a fundraising party at the Phluid Project in New York City, hosted an educational summit for young transgender/gender diverse people and their caregivers, and still made time to present our revolutionary GALA™ method at 32 different conferences and events!

The faculty and staff at the NCGSH are also working towards a deeper vision: mentoring and promoting LGBTQ BIPOC (Black, Indigenous, People of Color) scholars and leaders in the field, and collaborating with other clinics to promote transaffirmative care.

Alongside local organizations like Reclaim!, the Minnesota Trans Health Coalition, and Family Tree Clinic, we are revolutionizing the gender climate.

Warmly,
Dianne Berg, PhD & Katie Spencer, PhD
Co-Directors, NCGSH
DONOR SPOTLIGHT: BEAN ROBINSON AND WALTER SAWICKI

Bean: Together, as faculty and partners (which is a commitment all by itself), we’ve spent the last 27 years as a part of what is arguably the largest mental health clinic devoted to human sexuality in the country: the Program in Human Sexuality.

Growing up during the 1960’s on the cusp of the 2nd sexual revolution, we’ve seen the emotional devastation that sexual ignorance and repression can cause people. We’ve seen the intense pain and shame that sexual problems cause our clients. But we have also witnessed remarkable changes in lives as their sexual problems are overcome/conquered.

Philanthropically, we are committed to developing, providing, and promoting the best evidence-based clinical treatments for all sexual health concerns:

• Sexual pain, low desire and problems with arousal
• Clinical care for transgender/gender non-conforming adults, adolescents and children
• Compulsive, out-of-control sexual behavior

We are also committed to conducting clinical research that will increase pleasurable sexual experiences across the lifespan for all and develop effective solutions for the sexual health problems that will affect nearly 100% of us at some point during our lives.

Walter: PHS is important to me because it is my partner’s life work and I fully support the good it has done over nearly 50 years for its patients. I’m aware of the many people who have come to PHS with sexual and/or gender issues that have devastated their lives. They have been helped to accept who they are and regained healthy sexuality.

Bean and I fully support causes that are effective in helping the lives of our friends and neighbors here on Earth. Healthy sexuality can be as important to a person’s life as feeding the hungry, providing shelter to the homeless, or guaranteeing legal rights for all. But supporting a cause does not mean giving blindly. Organizations must be efficient and effective. We believe that PHS is qualified to deliver.

We believe this endowed chair will help practitioners all over the world by providing effective therapy techniques to them that will increase the odds of successfully helping their patients.

Although the world is full of suffering, it is also full of the overcoming of it. - Helen Keller

Walter Sawicki and Bean Robinson, PhD

LEADERSHIP AND ADVISORY COUNCILS
As my time as Chair of the Leadership Council for the Program in Human Sexuality (PHS) comes to an end, it has been an honor and a privilege to be a part of this incredibly dynamic and dedicated group of people. The accomplishments made in the last decade have been remarkable: the first Chair in Sexual Health in the country, followed by the Joycelyn Elders Chair in Sexual Health Education. Then came three philanthropically funded fellowships: the Michel E. Metz Fellowship in Couples Sexual Health, the Doug Braun-Harvey Fellowship in Compulsive Sexual Behavior and the Randi and Fred Ettner Fellowship in Transgender Health. Further, we have been able to find initial funding to launch the National Center for Gender Spectrum Health, which has been doing important work for a couple of years now. Significant progress has been made towards funding the Bean Robinson Chair in Clinical Sexual Health and the Pepper Schwartz Professorship in Sexuality and Aging.

I’d like to thank all of the members of the Leadership Council for their dedication and commitment to the cause of advancing sexual health. And, very special recognition goes out to Jennifer Pritzker and the TAWANI Foundation for providing not only the lead gifts but the vision to help make these projects possible. As I pass the torch, we can look forward to new ideas and new energy to help continue to move forward in achieving our goals by connecting with like-minded individuals, businesses and foundations. My thanks to PHS Director, Dr. Eli Coleman, for giving me the opportunity to be a part of this remarkable organization.

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**PHS FUNDS**

<table>
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<tr>
<th>Fund</th>
<th>Amount</th>
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<tr>
<td>Chair in Sexual Health*</td>
<td>$4,461,595</td>
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<td>Joycelyn Elders Chair in Sexual Health Education*</td>
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<td>Pepper Schwartz Professorship in Sexuality and Aging*</td>
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<td>Michael Metz Fellowship in Couples Sexual Health</td>
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<td>Faculty Appreciation and Research</td>
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<td>PHS Discretionary Fund</td>
<td>$79,405</td>
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* Endowment Funds

**DEVELOPMENT**

Give online: z.umn.edu/phsgift
Give by phone: 800-775-2187 or 612-624-3333
Give by mail: Send your check to the University of Minnesota Foundation
200 Oak Street SE, Suite 500
Minneapolis, Minnesota 55455-2010

**FISCAL YEAR 2017-2018**

**REVENUE**

- Clinic: $2,159,425
- Research Grants: $303,779
- Endowments & Donations: $328,796
- Academic Support: $739,007
- Total Revenue: $3,531,007

**EXPENSES**

- Salaries: $2,419,890
- Research: $303,779
- Clinic: $584,166
- Administrative: $195,938
- Total Expenses: $3,503,779

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**GRANT FUNDING**

- 2009: $898,621
- 2010: $975,986
- 2011: $1,343,078
- 2012: $942,210
- 2013: $815,358
- 2014: $771,273
- 2015: $771,463
- 2016: $814,609
- 2017: $419,587
- 2018: $303,779

**Photo:** Tom Reise
**Photo Credit:** Tony Coelho
FACULTY

Eli Coleman, PhD
Professor
Director
Chair in Sexual Health

Michael Miner, PhD
Professor
Director of Research

Bean Robinson, PhD
Associate Professor
Director of Clinical Services

Michael Ross, MD, PhD,
MPH, MHPEd, MST
Professor
Joycelyn Elders Chair in Sexual Health Education

Rachel Beeker-Warner, PsyD
 Psychologist

Dianne Berg, PhD
Assistant Professor
Child and Adolescent Gender Services Coordinator

Jennifer Connor, PhD,
LMFT
Associate Professor

Jamie Feldman, MD, PhD
Associate Professor

Abby Girard, PsyD
Assistant Professor,
Relationship & Sexual Therapy Coordinator

Rosemary Munns, PsyD
Assistant Professor

Nic Rider, PhD
Assistant Professor

Katie Spencer, PhD
Assistant Professor,
Adult Gender Services Coordinator

Jennifer Vencill, PhD
Assistant Professor

Brian Zamboni, PhD
Associate Professor

STAFF & COLLABORATORS

Adjunct Faculty
Patricia Allely, PhD
Walter Bockting, PhD
Bill Stayton, ThD, PhD

Postdoctoral Fellows
Leo Candelario Pérez, PhD
Janna Dickenson, PhD
Abby Girard, PsyD
Alex Kovic, PsyD
Nicholas Newstrom, PhD, LMFT
Nic Rider, PhD
Alex Tatum, PhD
Ghazel Tellawi, PhD

Research Staff
Amy Ash, Research Program Coordinator
Nova J. Bradford, Graduate Research Assistant
Jory Catalpa, Graduate Research Assistant
Heidi Fall, Administrative Specialist in Research
Neil Gleason, Volunteer
Munira Salad, Community Engagement Specialist

Clinic & Office Staff
Julie Quello Hattling, MA, MHA, Clinic Manager
Cassie Billups, Clinic Operations Lead
Stephanie Cardenas, Billing Operations Manager
Lisa Brusoe, CMA, Certified Medical Assistant
Todd Leech, PA-C, EdD, Physician Assistant
Robert Kirby, Administrative Coordinator
Rosanne Thompson, Financial Counselor
Spencer Czech, Patient Representative
Sally Shoubash, Patient Representative
Victoria Cartland, Patient Representative
Carden Olson, Intern
Marvin Vilaysack, Intern
Ashley Finch, BFA, Administrator/Graphic Design
Ethan O’Brien, Communications Officer

Annual Report
Ethan O’Brien, designer, editor, photographer
Tim Rummelhoff, photographer
Tony Coelho, photographer
Eric McNatt, photographer
Robert Kirby, editor

Photo Credit: Tim Rummelhoff
PUBLICATIONS

Compulsive Sexual Behavior

Lesbian/Gay and Bisexual Health


Relationships and Sex Therapy


Sexual Health Education


Sexual Offending


Child and Adolescent Gender Health


Transgender Health


PUBLICATIONS


Miscellaneous


PRESENTATIONS

Compulsive Sexual Behavior


Lesbian/Gay and Bisexual Health

Relationship and Sex Therapy


Sexual Health and Rights

PRESENTATIONS


Sexual Offending


Child and Adolescent Gender Health


PRESENTATIONS


Berg, D. (2018, October). Therapeutic work with transgender adolescents: Setting the stage. Presentation at University of Minnesota Department of Psychiatry Diversity & Inclusion Retreat, Minneapolis, MN.


PRESENTATIONS

Transgender Health


