Annual Report 2020

Program in Human Sexuality 1970 - 2020

University of Minnesota Driven to Discover®
OUR PURPOSE

Revolutionizing the sexual and gender climate by eliminating barriers and advancing healthy sexuality.

Leadership in sexuality research, education, clinical care, and advocacy to promote positive sexual and gender health for all.

Photo: Jennifer Connor, PhD, LMFT, Bean Robinson, PhD, and Intisar Hussein, MSW, LICSW
Photo by Ethan O’Brien

Photo: Dianne Berg, PhD
Photo by Ethan O’Brien


Opposite page photo: Eli Coleman, PhD
Photo by Tim Rummelhoff
2020 was a turbulent year. With COVID-19, our lives and the way we worked were transformed. The economic impact brought salary reductions and furloughs. Following the murder of George Floyd in Minneapolis and subsequent protests around the country, our advocacy for racial injustice was renewed. American political instability came with an increase in threats to sexual and gender health. There were so many chances to give in to despair. However, I could not be prouder of the Program in Human Sexuality faculty and staff who persevered through these changes and quickly shifted to providing clinical services through telehealth, conducting research and projects via online mechanisms, and transforming our educational programming to online format. We renewed our advocacy efforts to address the systemic problems of racial injustice by creating a committee to advance PHS’ racial equity.

The recent happenings of our world taught us that sexual and gender health are crucial to the health and happiness of people living in times of crisis and beyond. Our values are clear:

- We value our religious and spiritual beliefs; they are sacred and respected.
- We value compassion, caring, humility, selflessness, honesty, respectful communication, and diversity.
- We value everyone’s gender identity, and gender expression.
- We value our relationships; whether we are single, partnered, or polyamorous. What matters is that we love and care for our partners, friends, and family.
- We value bodily autonomy; sexual abuse and harassment hinders sexual health.
- We cannot have sexual health without sexual and reproductive rights, and we cannot have sexual rights without sexual pleasure.

We invest in these values for ourselves, our relationships with each other, and for our clients. PHS is on a mission to change the world – through our clinical care, education, research, and public policy efforts.

With your continued support, we have established the only two endowed chairs in sexual health in the world and are on the cusp of establishing two new endowed positions: in clinical sexual health and sexuality and aging. With these positions, and establishing our National Center for Gender Spectrum Health, we are poised to move PHS to an institute level at the University of Minnesota Medical School.

Forced to postpone twice, we will celebrate our 50th Anniversary in 2021 with a virtual gala. We will honor our history, while also leading the way into the future of sexual and gender health.
OUR WORK

CLINICAL CARE
Developing exceptional evidence-based clinical approaches to sexual health.

EDUCATION
Creating a nationally recognized center for sexual health education.

ADVOCACY AND PUBLIC POLICY
Advocating for sex and gender rights.

RESEARCH
Generating ground-breaking discovery through sexual health research.
HIGHLIGHTS

- 7 Postdoctoral fellows trained
- 200+ Medical students and residents trained
- 12,408 Patient visits
- 13 Active therapy groups
- 9 New grants awarded
- Rapid transition to clinical telehealth due to COVID-19
We educate postdoctoral psychologists, medical students, medical residents, and researchers in specialized sexual health care and sexual science.

The Program in Human Sexuality offers a Human Sexuality Certificate in partnership with the College of Continuing and Professional Studies at the University of Minnesota. Since its inception, 103 people have enrolled in this certificate course.

The Program in Human Sexuality is in the process of refreshing our free Massive Open Online Course (MOOC) entitled: What does it mean to identify as Transgender or Gender Non-Conforming (TGNC)? This online course is free for all, and has over 4,000 learners.

EDUCATION
Advancing a nationally and internationally-recognized center for sexual and gender health education.
Sexual health training for health professional students in Tanzania

Michael Ross, MD, PhD, MPH, is the co-investigator, alongside PI Simon Rosser, PhD, of this study funded by the National Institutes of Health.

Tanzania has among the worst sexual and reproductive health statistics of any country, yet health professionals receive almost no training in how to address sexual health concerns. To address multiple, intersecting, sex-related, epidemics, and to train the professionals who do everything from staffing clinics to writing national policies, we need effective, evidence-based, culturally-tailored, sexual health curriculum/a. This study will conduct the formative research needed to develop the strongest curriculum for Tanzania, revise and pilot test it, then we will conduct a randomized controlled trial of the intervention against a waitlist control, on health worker ability to effectively address sexual health concerns.

Drs. Bean Robinson and Jennifer Connor were awarded a 5-year National Institutes of Health grant from the Eunice Kennedy Shriver Institute of Child Health and Human Development. Titled “Our body, our health / Jirkeena, Caafimaadkeena”, this project studies female genital circumcision/cutting, sexual pain, and sexual health.

This research project is investigating factors that may contribute to increased risk of developing chronic sexual pain among circumcised Somali American women living in Minnesota.

The overall goal of the research is to gather information that may be used by mental health and medical professionals to provide culturally-sensitive and empirically-informed healthcare.
We make profound and lasting changes in the lives of individuals, couples, and families of all backgrounds and ages by providing the best available clinical care by highly skilled clinicians.

We care for people with a variety of needs:
- relationship and sex therapy
- compulsive sexual behavior
- transgender/gender non-conforming health services

Photo: Rachel Becker-Warner, PsyD
Photo by Ethan O’Brien

CLINICAL CARE
Advancing a nationally and internationally-recognized center for sexual and gender health education.
In partnership with the World Association for Sexual Health (WAS) and the International Planned Parenthood Association, Western Hemisphere Region (IPPF/WHR), the World Health Organization and several other international health agencies, the Program in Human Sexuality led a task force and organized an expert consultation with leading experts from around the world in New York, on May 28-29, 2019 to develop a **Declaration on Sexual Pleasure**. The expert consultation included PHS faculty Eli Coleman, Katie Spencer, Nic Rider, postdoctoral fellow Itor Finotelli, PhD, and graduate research assistant, Nova Bradford. As a result of this consultation, a Declaration was drafted and a final version was adopted by the participants of the World Congress of Sexual Health in Mexico City on October 12–15, 2019. PHS is currently working with the task force to develop a technical document to support and refine the declaration which will be considered by the WAS General Assembly in Cape Town, South Africa in September, 2021.

The goal of the Declaration is to promote sexual pleasure as a means of promoting sexual health and sexual rights. There is mounting evidence that sexual pleasure, sexual health, and sexual rights are fundamental to individual health, to international development, and to the wellbeing of all humans.

Drawing upon inspiration from definitions of sexual health that emphasize the possibility of sexual pleasure and engaging with recent consensus on the need for sexual rights as fundamental human rights, we argue that now is the time to incorporate sexual pleasure into this vision. Amidst public health priorities, renewal goals of international development, and vast technological change it is our hope that we can strive to address the importance of pleasure as a key component of sexual health and sexual rights.
CHAIR IN SEXUAL HEALTH

ACCOMPLISHMENTS

• Advanced sexual health and rights through collaboration with international health organizations
• Provided infrastructure and faculty support for professional development
• Provided seed funding for research activities
• Provided infrastructure support for communications to stakeholders
• Provided support for philanthropic development

EXPENSES

Photo: Eli Coleman, PhD
Photo by Tim Rummelhoff
JOYCELYN ELDERS CHAIR IN SEXUAL HEALTH EDUCATION

ACCOMPLISHMENTS

- Directed Medical School courses in human sexuality (year 1) and LGBT elective (year 4)
- Evaluation of the impact of sexual health education scale (SHEPS) and longitudinal evaluation of the Year 1 medical course
- Developed and evaluated online sexual history taking tutorials for medical students
- Developed a MOOC (Massive Online Open Course) in sexuality and disability
- 8 peer-reviewed journal articles published
- NIH R-01 currently funded for 5 years, teaching and evaluating sexual health to medical and nursing students in Tanzania
- NIH R-01 currently funded for 3 years developing early screening for HPV-related oropharyngeal cancer in Men who have sex with men (MSM)

EXPENSES

- Chair salary
- Staff salaries
- Educational activities
- Research
- Travel
- Recruitment

Photo: Medical students with Michael Ross, MD, PHD, MPH, MHPED, MST
Photo courtesy of UFaceMe
The need for advancement in the field of clinical sexual health has never been greater. In the 1970s there were an estimated 50 centers dedicated to the science of human sexuality. Now just vestiges of these programs remain, many of which are dedicated to narrow subject areas such as HIV or other diseases.

The Program in Human Sexuality is uniquely positioned to maximize the impact of an endowed chair in clinical sexual health. With two endowed chairs already established at PHS, we have the academic support and infrastructure in place to guide this new faculty member into a challenging and rigorous environment of excellence.

We are also honored to have the collaborative support of PHS faculty Bean Robinson, PhD, as we seek to raise philanthropic support through the generosity of donors who share our passion for revolutionizing the sexual climate by eliminating barriers and advancing healthy sexuality. Dr. Robinson and partner Walter Sawicki are generous contributors.
The Program in Human Sexuality is excited to announce the success of the $1.5M campaign. With $500,000 of additional support, this position could be expanded into a chair.

SUCCESS: THE PEPPER SCHWARTZ PROFESSORSHIP IN SEXUALITY AND AGING

The majority of people over 50 continue to be sexually active. We know that is a good thing for overall health and wellbeing—but we also know that aging brings both physical and emotional changes in our experience of sex and intimacy. Less is known about how to assist people in navigating through those changes to maintain a high quality of life.

There is a critical need to advance research and scholarship that improves the practice of clinical sexual healthcare in an aging population. With our strong foundational work in these areas, the Program in Human Sexuality is the right place for this progress to be made. Pepper Schwartz, PhD, is a sociologist and sexologist who teaches at the University of Washington in Seattle. She is past-president of the Society for the Scientific Study of Sexuality, and has received the national award from the American Sociological Association for Public Understanding of Sociology.

GOAL: $1.5M POSITION FUNDED!

$1,500,000 RAISED!

The Program in Human Sexuality is excited to announce the success of the $1.5M campaign. With $500,000 of additional support, this position could be expanded into a chair.
The mission of the Center is to eliminate gender-based stigma and discrimination, support the development of healthy gender identity development for all across the lifespan, and to improve the quality of health and life of transgender and gender diverse individuals, families, and communities through scientific research, clinical practice, policy work, and education.

MyGender Dolls are a set of two-dimensional dolls with a range of body sizes, skin tones, internal sex organs, external genitals, hair styles, clothing, and other accessories that children can “layer on” to explore who they are and build accurate gender representations of themselves. These dolls were created in collaboration with transgender and nonbinary artists. MyGender Dolls are intended for use by gender competent therapists trained to work with children and adolescents around gender exploration.
LEADERSHIP COUNCIL: Jared Airschul, Carol Ball, Dan Bowers, Doug Braun-Harvey, Joelynn Elders, Fred Ettner, Randi Ettner, Tom Farns, Andrea Jenkins, Chris Kraft, Jane La Valleur, Keith Laken, Chip Martin-Chaffee, Eric Meininger, Scott Meyer, Stacey Mills, Lou Pape, Susan Phipps-Yonas, Jennifer Pritzker, Tom Reise, Michael Reitano, Duane Root, Lydia Roth-Laube, Loren Schechter, Pepper Schwartz, Bill Stayton

Photo: Ethan O’Brien

LEADERSHIP AND ADVISORY COUNCILS

ADVISORY COUNCIL: Aaron Belkin, Anita Clayton, Betsy Crane, Bernie Harlow, Colleen Hoff, Mary Jo Kreitzer, Elizabeth Letourneau, Rory Reid

Photo: Ethan O’Brien
Eli Coleman, PhD
Professor
Director
Chair in Sexual Health

Jennifer Connor, PhD, LMFT
Associate Professor
Director of Clinical Services

Michael Miner, PhD
Professor
Director of Research

Bean Robinson, PhD,
LMFT
Professor
Joycelyn Elders Chair in Sexual Health Education

Rachel Becker-Warner, PsyD
Psychologist

Dianne Berg, PhD
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Child and Adolescent Gender Services Coordinator

Jamie Feldman, MD, PhD
Associate Professor

Abby Girard, PsyD
Assistant Professor
Relationship & Sexual Therapy Coordinator

Rosemary Munns, PsyD
Assistant Professor

Nic Rider, PhD
Assistant Professor
Adult Gender Services Coordinator

Bean Robinson, PhD,
LMFT
Professor

Elliot Tebbe, PhD
Assistant Professor

Faculty photos by Tim Rummelhoff
**Postdoctoral Fellows**
- Kat Arenella, PhD
- Taymy Josefa Caso, PhD
- Itor Finotelli, PhD
- Caroline Maykut, PhD
- Nicholas Newstrom, PhD, LMFT
- Alex Tatum, PhD
- Ghazel Tellawi, PhD

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- Sloan Anderson, Research Assistant, NCGSH
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- Jacqueline Braughton, PhD, Graduate Research Assistant
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- Heidi Fall, Research Administrative Coordinator
- Neil Gleason, Volunteer
- Sadiya Hassan, Intern
- Kat Kugler, Volunteer
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- Munira Salad, BA, Community Engagement Specialist
- Jaya Stenquist, Intern
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**Clinic & Office Staff**
- Julie Quello Hattling, MA, MHA, Clinic Manager
- Cassie Billups, Clinic Operations Lead
- Lisa Brusoe, CMA, Certified Medical Assistant
- Stephanie Cardenas, Billing Operations Manager
- Victoria Cartland, Patient Representative
- Sandra Flores, Patient Representative
- Robert Kirby, Administrative Coordinator
- Todd Leech, PA-C, EdD, Physician Assistant
- Yukiko Nakajima, CNP, Nurse Practitioner
- Rosanne Thompson, Financial Counselor
- Brittany Wackowski, Patient Representative

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- Spencer Czech, Project Coordinator, NCGSH
- Ashley Finch, BFA, Administrator/Graphic Design, NCGSH
- Ejay Jack, MSW, MPA, CGC Care Coordinator
- Ethan O’Brien, Communications Officer
- Raquelle Paulsen, CGC Intake & Referral Coordinator

**Annual Report**
- Ethan O’Brien, designer, editor, photographer
- Tim Rummelhoff, photographer
AFFILIATED RESEARCHERS AND CONSULTANTS

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Hiba Sharif, RN, MN, Fairview Health Service
Fatima Sharif Mohamed, MD, Integrated Residency in Ob-Gyn, Arizona
Laurie Sieve, RN, PHN, CNE, St. Catherine University
Wineke Smid, PhD, Forensic Care Specialists, Netherlands
Richard Sprott, PhD, California State University
Colt St. Amand, PhD, Mayo Medical Center
Jill Stinson, PhD, East Tennessee State University
John Strang, PsyD, Children’s National Health System
Rebecca Swinburne Romine, PhD, University of Kansas
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Ellen Thompson, MD, UMN Department of Urology
David Thornton, PhD, Independent Consultant
Amy Tishelman, PhD, Harvard University
Jennifer Vencill, PhD, LP, Mayo Medical Center
Nicole Warren, PhD, MPH, Johns Hopkins University
Felicia Washington Sy, PhD, MSW, LICSW, Reclaim Belinda Winder, PhD, Department of Psychology, Trent University
Fardoza Yusuf, RN, Respiratory Nurse, Benedictine Health Center
This nationwide council is 27 members strong with deep roots in sexual and gender health, medicine, clinical therapy, community activism, and advocacy. We serve the PHS in many ways by providing counsel, suggestions, and feedback to the PHS faculty and staff. The Leadership Council also focuses on development efforts; primarily with respect to the National Center for Gender Spectrum Health, the Bean Robinson Chair in Clinical Sexual Health, and the Pepper Schwartz Professorship in Sexuality and Aging. First and foremost, council members are ambassadors of the PHS; spreading word of accomplishments which include ground-breaking research, effective national and international advocacy, empathetic and state-of-the-art clinical care, and expert training in sexual education.

As Chair of the PHS Leadership Council, and as a Minnesotan, I couldn’t be more proud that one of the nation’s leading sexual and gender health institutions is in my backyard. I and my fellow council members hope you’ll share our pride in and enthusiasm for PHS by joining us on Thursday, May 20th, 2021 for our 50th Anniversary Gala! This virtual celebration will be unsurpassed in its creativity and simple joy. For details about how to register for the event, please visit z.umn.edu/PHSGALA. “See” you there!

Stacey Mills
Chair, Leadership Council
FISCAL YEAR: 2019 - 2020

REVENUE
- Clinical services: $1,314,645
- Research grants: $613,475
- Endowments & Donations: $610,970
- Academic support: $904,573

EXPENSES
- Salaries: $2,412,424
- Research grants: $613,475
- Administration: $353,893
- Clinical services: $63,871

GRANT FUNDING
- 2018: $302,779
- 2019: $406,503
- 2020: $613,475
Those of us in the human sexuality field recognize that sex positivity requires empirical evidence to bust the sex/gender myths that oppress. We know humans are wired for connection. We know all need to feel free to love the way we yearn to love as long as we respect others’ rights. That’s what the Program in Human Sexuality is working so hard for and why I am such a fan. I am grateful for the Program’s leadership in sexuality education, clinical care, research, and advocacy. I have always admired the philanthropic and intellectual support my colleagues and friends have provided the program.

Congratulations to what I think of as the top sexual health program in the world. I am sure the past fifty years are just the Program’s beginning. All of your faculty, staff, and supporters must be so proud to be part of the Program’s enormous contribution to US culture and to so many beneficiaries of its services. I know I am. Thanks for inviting me to participate in the Program’s future. It is really an honor.

Susan Stiritz, PhD, served as president (2018 - 2020) of the American Association of Sexuality Educators, Counselors and Therapists (AASECT). She is also a Certified Sexuality Educator and a Certified Sexuality Education Supervisor, and Associate Professor of Practice at Washington University in St. Louis.
PHILANTHROPIC SUPPORT

"I support the Program in Human Sexuality because it is a vital part of the community and provides important services and visibility. I first touched PHS as a young man when I went through a weekend seminar on sexual health focused on HIV prevention. The work they were doing then was cutting edge and the seminars were full of people.

The work they are doing now remains cutting edge and people are still flocking to improve their sexual health and well-being.”
- Brennan Hannon, donor

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| $25,000 - $99,999                             |
| Eli Coleman                                   |
| Susan Stiritz                                 |

| $10,000 - $24,999                             |
| Anonymous                                     |
| Weston M. Edwards                             |
| Carol & Perry Hackett                         |

| $5,000-$9,999                                 |
| Virginia Caine                                |
| Duane Rost and June La Valleur                |
| Bruce Olmscheid                               |
| Al Yonas and Susan Phipps-Yonas               |
| Herbert Laube and Lydia Roth-Laube            |
| Gilead Sciences                               |
| Mark Thrun                                    |
| Jim and Beverly Whipple                       |

| $2,000 - $4,999                               |
| American Institute of Bisexuality            |
| American Sexual Health Association           |
| Carol Ball                                    |
| Stephanie and Mark Buehler                    |

| Michael and Shelley Miner                    |
| John Reynolds                                 |
| Daniel Watter                                 |
| Deborah Wilke                                 |
| William Yarber                                 |
| $1,000 - $1,999                               |
| Patricia Aletky                               |
| Jared Altschul                                |
| Schellie Archbold                             |
| Catherine Blackburn                           |
| Walter Bockting                               |
| William Cooper & David Bucher                 |
| Robert Heasley and Betsy Crane                |
| Ron Inkala & Kathleen Davis                   |
| Joycelyn Elders                               |
| Alexandra Fine                                |
| William Fisher                                |
| Andrew Goldstein                              |
| Debby Herbenick                               |
| Brandon Hill                                  |
| Sheena Hoffmann                               |
| Robert Schiltgen & Jan Hogan-Schiltgen        |
| Janet Hyde                                    |
| Teresa Quinn & Kenneth Klein                  |
| Lawrence & Patricia Koch                      |
| Barry Komisaruk                               |
| Brian Nei                                     |
| Michael & Simone Reitano                      |
| Cynthia Ruberg                                |

| Herbert Samuels                               |
| Mark Schoen                                   |
| Russ Moen & Elaine Sloan                      |
| Society for the Scientific Study of Sexuality |
| Eric Sprankle & Katie Bloomquist             |
| Russell Stambaugh                             |
| World Professional Association for Transgender Health |
| $500 - $999                                   |
| Keith Abrams                                  |
| Constance Archbald                            |
| Patti Britton                                 |
| Anita Clayton                                 |
| Ann Manly                                     |
| Naomi McCormick                               |
| Eric Meininger & Peter Kim                    |
| Wendy Miller                                  |
| Catherine Ravella                             |
| Soul Source Therapeutic Devices, Inc          |
| Widener University                            |

| Up to $499                                    |
| Anonymous                                     |
| Carita Anderson                               |
| Craig Anderson & Kathleen Flynn               |
| Sarah Barsness                                |
| Barbara Bartlik & David Carroll               |
| Karen Beale                                   |

Photo: Brennan Hannon
Photo courtesy Brennan Hannon
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RESTORE: IMPROVING SEXUAL OUTCOMES OF GAY AND BISEXUAL PROSTATE CANCER SURVIVORS
Simon Rosser, PhD is the Principal Investigator and Michael Ross, MD, PhD, MPH is a Co-Investigator of this study funded by National Institutes of Health.

ORCA: HPV oropharyngeal cancer and screening in gay and bisexual men
Michael Ross, MD, PhD, MPH is the Principal Investigator on this study funded by the National Institutes of Health.

FORCED MIGRATION AND SOGIE (SEXUAL ORIENTATION, GENDER IDENTITY & EXPRESSION): AN INITIAL FIELD ASSESSMENT OF HEALTH EXPERIENCES OF LGBTQ+ URBAN REFUGEES IN KENYA
Nic Rider, PhD is the Principal Investigator, funded by University of Minnesota’s Human Rights Lab.

INTERSECTIONALITY, HEALTH, AND RESILIENCE: A PHOTOVoice PROJECT WITH LGBTQ YOUTH OF COLOR
Nic Rider, PhD is the Principal Investigator. Funded by the University of Minnesota’s Grant-in-Aid program.

TRANSgendern HEALTH
Within-group TGD health disparities: An investigation of intersectional minority stress
Nic Rider, PhD is the Principal Investigator on this study funded by the Program in Human Sexuality.
PUBLICATIONS

Child and Adolescent Gender Health


Compulsive Sexual Behavior


Lesbian/Gay and Bisexual Health


Sexual Health Education
Transgender Health


Miscellaneous


**Child and Adolescent Gender Health**


**Compulsive Sexual Behavior**


**Lesbian/Gay and Bisexual Health**


**Sexual Health Education**

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**Transgender Health**


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