



CLIENT PSYCHIATRIC INTAKE FORM

Clients please fill out as completely as possible

Today's date: _____

Full name: (First) (Middle) (Last)	DOB: Age:	Gender/Gender Identity:
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1. PRESENTING PROBLEM: Please define briefly the problems, challenges, and/or concerns for which you are seeking our services.

2. HISTORY: Are there any mental health related issues that have occurred in your family? With either your parents, grandparents or siblings? Please check any that have occurred.

- A) Bipolar Disorder
- B) Attempted/completed suicide
- C) Schizophrenia
- D) Psychiatry hospitalization
- E) Depression
- F) Substance use

3. Below are a number of common mental health concerns for which people seek help. Please indicate which have been a concern for you **WITHIN THE LAST SIX (6) MONTHS**, by checking "yes" if any of the words describe a concern for you. Check "No" only if any of the words have not been an issue for you.

Emotional Functioning		Physical Functioning		Sexual Functioning				
<input type="checkbox"/> yes	<input type="checkbox"/> no	Feel flat, empty, numb	<input type="checkbox"/> yes	<input type="checkbox"/> no	Eating problems	<input type="checkbox"/> yes	<input type="checkbox"/> no	Loss of sexual desire
<input type="checkbox"/> yes	<input type="checkbox"/> no	Depressed, hopeless	<input type="checkbox"/> yes	<input type="checkbox"/> no	Fatigue, tiredness	<input type="checkbox"/> yes	<input type="checkbox"/> no	Performance difficulties
<input type="checkbox"/> yes	<input type="checkbox"/> no	Suicidal thoughts and/or behavior	<input type="checkbox"/> yes	<input type="checkbox"/> no	Sleeping difficulties	<input type="checkbox"/> yes	<input type="checkbox"/> no	Unsafe sexual behavior
<input type="checkbox"/> yes	<input type="checkbox"/> no	Sadness and/or crying	<input type="checkbox"/> yes	<input type="checkbox"/> no	weight loss	<input type="checkbox"/> yes	<input type="checkbox"/> no	Sexual compulsivity
<input type="checkbox"/> yes	<input type="checkbox"/> no	Irritable/moody	<input type="checkbox"/> yes	<input type="checkbox"/> no	overweight	<input type="checkbox"/> yes	<input type="checkbox"/> no	History of sexual abuse

Emotional Functioning			Physical Functioning			Sexual Functioning		
__yes	__no	Anger and/or rage	__yes	__no	Alcohol abuse	__yes	__no	Sexual orientation concerns
__yes	__no	Anxiety/worry	__yes	__no	Drug abuse	__yes	__no	Genital image/size concerns
yes	no	Fear and/or dread	yes	no	Pain and/or nausea	yes	no	Gender concerns
__yes	__no	Nervous, shaky	__yes	__no	Serious illness and/or health problems	__yes	__no	STD, HIV, AIDS concerns
__yes	__no	Self-harm thoughts/behaviors				__yes	__no	Disturbing fantasies/dreams
Self-Image and Coping Issues			Mental Functioning			Relationship and Life		
yes	no	Avoidance/Denial	yes	no	Memory problems	yes	no	Conflict, fighting
yes	no	Compulsivity	yes	no	Easily distracted	yes	no	Isolation, loneliness
__yes	__no	Shy or sensitive	__yes	__no	Buzzing in ears	__yes	__no	Being honest about myself
__yes	__no	Low self-esteem	__yes	__no	Voices inside head	__yes	__no	Death and dying concerns
yes	no	Self-hatred, guilt, shame	yes	no	Troubling thoughts	yes	no	Living more effectively
yes	no	Feel ugly, poor body image	yes	no	Feel paranoid	yes	no	Grieving
			__yes	__no	Troubling dreams	__yes	__no	Work or family problems

Other current concerns (Please specify) _____

PSYCHIATRIC/MENTAL HEALTH/CHEMICAL DEPENDENCY HISTORY

4. PREVIOUS THERAPISTS (most recent first):

NONE

Name of therapist/clinic: _____
 Address and Phone: _____
 Date Therapy Began: _____ Date Therapy Ended: _____
 Diagnoses Given: _____
 Issues Addressed and outcome: _____

Name of therapist/clinic: _____
 Address and Phone: _____
 Date Therapy Began: _____ Date Therapy Ended: _____
 Diagnoses Given: _____
 Issues Addressed and outcome: _____

Name of therapist/clinic: _____
 Address and Phone: _____
 Date Therapy Began: _____ Date Therapy Ended: _____
 Diagnoses Given: _____
 Issues Addressed and outcome: _____

5. PSYCHIATRY SERVICES:

NONE

Name of psychiatrist/clinic: _____

Address and Phone: _____
 Date Therapy Began: _____ Date Therapy Ended: _____
 Diagnoses Given: _____
 Issues Addressed and outcome: _____

8. PSYCHIATRIC HOSPITALIZATIONS NONE

Approx Dates & Duration:		Where:		Reason/Outcome:	
Approx Dates & Duration:		Where:		Reason/Outcome:	
Approx Dates & Duration:		Where:		Reason/Outcome:	

9. PSYCHIATRIC MEDICATIONS NONE

Current Prescriptions	Dosage	Purpose of Medication	Approximate dates/Duration	Prescribed by (physician/ clinic)
Past Prescriptions	Dosage	Purpose of Medication	Approximate dates/Duration	

Please list any over-the-counter Medications: _____

Medication Allergies __ Yes __ No	Type of reaction

MEDICAL HISTORY

6. Primary Physician/Clinic: _____
 Address and Phone: _____

MEDICAL PROBLEMS (DESCRIBE BELOW) <input type="checkbox"/> NO MEDICAL PROBLEMS	
Surgeries	

Medications	
Medical Problems/Illnesses	
Contraceptive Use	

21. MAJOR CHANGES IN THE LAST YEAR

Move/relocation	<input type="checkbox"/> Yes <input type="checkbox"/> No Describe:
Blended family issues	<input type="checkbox"/> Yes <input type="checkbox"/> No Describe:
Death of a family member or friend	<input type="checkbox"/> Yes <input type="checkbox"/> No Describe:
Childbirth/Adoption	<input type="checkbox"/> Yes <input type="checkbox"/> No Describe:
Job changes	<input type="checkbox"/> Yes <input type="checkbox"/> No Describe:
Relationship issues	<input type="checkbox"/> Yes <input type="checkbox"/> No Describe:
Other:	<input type="checkbox"/> Yes <input type="checkbox"/> No Describe:

Thank you for taking the time to complete this form. It will be helpful in your assessment and treatment.