From the Chair in Sexual Health

Our world changed significantly in 2008. The financial crisis and elections in the United States both have the potential to affect sexual health. A change in the administration brings hope that we can shift the direction of sexual trends and move toward a sexually healthy world. We look forward to the return of science-based sexual health education and policy.

This year I have seen historic developments in the promotion of sexual health. In May, the World Association for Sexual Health published *Sexual Health for the Millennium: A Declaration and Technical Document*. As the project coordinator and the senior editor, I have been very pleased by the positive response to this document including the ways that international health organizations and world governments are using it to make public policy.

In August, on the eve of the World AIDS Conference in Mexico City, I witnessed a significant achievement as all Ministers of Health and Education from Latin American and the Caribbean signed a declaration that affirms sexual rights as a basic human right. The historic document delineates the critical importance of comprehensive sexuality education as a strategic means of stemming the tide of the HIV pandemic. I was honored to be one of the few North American experts invited to draft this declaration. Never before had I seen policy makers embrace the concept of sexual health so completely.

This year there was renewed focus on the urgent need to address the emerging and re-emerging epidemics of HIV and other sexually transmitted infections among men who have sex with men and transgender individuals around the world. I participated in two key expert consultations at the WHO and another in the Region of the Americas to strengthen strategic information systems and implement interventions, prevention, and treatment programs. In both consultations, there was recognition that the pandemic requires a broad sexual health approach – not just condoms and pills!

Profound change is happening. *Sexual health is now* in the lexicon of public policy makers, and we have an opportunity to move our agenda forward as in no other time that I can recall. The synergy of global events is creating momentum, and we can not miss this extraordinary opportunity.

On the other side of my optimism is the reality that each of us will be affected by the current financial situation. On an individual level, the financial downturn can add stress to life which can impact personal relationships as well as mental and physical well-being. It can also determine the number of times someone is able to seek physical, mental, or sexual health services. On a global level, governments are struggling to provide basic infrastructure support and sexual health might seem like a luxury. For many people the financial crisis simply adds another barrier to improving their sexual health.

The University will be directly impacted as our state’s financial shortfall and budgets are sure to be cut. Although spending will be closely examined, we are determined to continue our strong commitment to our work through education, research, clinical service, and public policy advocacy. Philanthropic support is needed more than ever, not only to maintain our high standards, but to rise to the challenge and opportunity that is upon us.

I hope that you can see in this report that PHS faculty have made major contributions to the promotion of sexual health this year. These are difficult times, but we must use every resource we have to move the sexual health agenda forward. To attain sexual health for all we must change the sexual climate and the tone of the conversation around sex. The time to act is now - we need a sexual stimulus package!

As ever, we appreciate your help and support! Yes we can!

Eli Coleman, PhD
Professor, Director, and Academic Chair in Sexual Health

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Mission

The Program in Human Sexuality strives to advance the sexual health of Minnesota, the nation, and the world through preeminence in research, education, clinical service, and advocacy.

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From research to action

**B4Real/MN Community PROMISE** Bean Robinson, PhD, and her team of PHS researchers partnered with the Minneapolis Urban League to stop the spread of HIV/AIDS among African American men who have sex with men in the Minneapolis-St. Paul metropolitan areas. Completed this year, the four-year study was funded by the Centers for Disease Control. By studying sexual behavior and social networks, the group designed an effective prevention model for the community. Peer mentors will reach out to their family and friends using personal stories to encourage safer sex practices. The research team will continue their work to inform clinicians and sexual health professionals of their findings through scientific journal articles, professional presentations, and additional CDC collaborations. The multi-state study enrolled a total of 612 African American men from the Minneapolis-St. Paul metropolitan areas (N=384) and Boston (N=228) who said they had sex with a man in the last one to three years. Participants were HIV-positive and HIV-negative and ranged in age from 18 to 61 years. Other cities involved in this CDC HIV prevention for men of color include El Paso, New Orleans, and New York (Harlem).

New research

**A Multi-state Recidivism Study Using Static-99 and Static-2002 Risk Scores and Tier Guidelines from the Adam Walsh Act** This is the first comprehensive investigation of risk assessment procedures and their predictive validity with samples of American sex offenders. The principal aim of this study is to examine the predictive validity of the Static-99 and Minnesota Sex Offender Screening Tool-Revised, actuarial risk assessment instruments, in a large multi-state sample of sexual offenders, and to examine how well the Adam Walsh Act classification categories predict sexual offender recidivism compared to these actuarial instruments. Additional study goals include examining whether classification and notification as currently implemented in the study states are related to recidivism. The group will also explore the degree to which offender age is related to sex offense recidivism. Data collection will begin in June 2009 in five states including Massachusetts, Minnesota, New Jersey, Florida, and South Carolina. Michael Miner, PhD, is a co-principal investigator of the study funded by the National Institute of Justice of the US Department of Justice. This research has great potential to inform policy development and implementation and ultimately lead to improved community protection.

“With new medications, individuals with HIV are living longer, healthier lives and therefore are able to have quality sex lives as well. We want to help them do so safely. Because HIV infection rates are so high among the African-American community of men who have sex with men, it is important to talk about sexual behavior and HIV disclosure and bring it all out of the closet.”

Bean Robinson, PhD

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**Research Agenda**

Sexual aggression  Compulsive sexual behavior  Transgender health  HIV prevention  Women’s sexual health

Photo: Bean Robinson, PhD
Research updates

All Gender Health Online The first stage of this study will examine the sexual health among men who have sex with transgender people. The results of this study will be used to develop effective interventions to prevent the spread of HIV and promote the sexual health of transgender people as well as the population at large. In 2008 the study team recruited a research coordinator and consolidated the project advisory board. They also developed an online survey, conducted an online ethnography, carried out seven online focus groups, started the evaluation of the transgender resources currently available online, and presented their early findings at the International AIDS Conference. In 2009 further findings will be presented at the World Professional Association for Transgender Health Symposium and the World Association for Sexual Health Conference. Walter Bockting, PhD, is the principle investigator and the study is funded by the National Institutes of Health. Researchers include Bean Robinson, PhD, Jamie Feldman, MD, PhD, Michael Miner, PhD, Eli Coleman, PhD, Alex Iantaffi, PhD, Cesar Gonzalez, PhD, Jeremy Grey, Rebecca Swinburne Romine, MA, Laura Gurak, PhD (Writing Studies), Joe Konstan, PhD (Computer Science), Keith Horvath, PhD (Epidemiology), and David Valentine, PhD (Anthropology).

Compulsive Sexual Behavior Survey PHS researchers hope to better understand compulsive sexual behavior in Minnesota, with a special focus on men who have sex with men. Researchers include Eli Coleman, PhD, Michael Miner, PhD, Nancy Raymond, MD, Jon Grant, MD, and Rebecca Swinburne Romine, MA. This year the team collected 68 surveys at the Twin Cities Pride celebration and 406 surveys online. The group will work to collect an additional 1100 surveys. Raymond, with co-authors, Grant, and Coleman, published the article “Augmentation with Naltrexone to Treat Compulsive Sexual Behavior: A Case Series” in the Annals of Clinical Psychiatry. Next the research team will review the clinical records for clients who have been treated at PHS for CSB. Researchers are also working to develop a new study in partnership with the Karolinska Institute on the neuropathology of CSB, hoping to explore the extent to which CSB can be characterized as an impulse control and/or a compulsive spectrum disorder.

Double-Blind Naltrexone in Compulsive Sexual Behavior Jon Grant, MD, is the principle investigator on this clinical trial. The goal of the study is to evaluate the efficacy and safety of Naltrexone in compulsive sexual behavior. Twenty subjects with CSB will receive eight weeks of Naltrexone or placebo. The hypothesis to be tested is that Naltrexone will be effective in reducing the urges to act out sexually in patients with CSB. The study will provide needed data on the treatment of a disabling disorder that currently lacks a clearly effective treatment.

GLBT Twin Cities Cancer Screening Survey In an effort to identify barriers to health screening in the GLBT community, Eli Coleman, PhD, is advising third-year medical students in a research study that looks at the rate of cancer screening, specifically at the rates of cervical, breast, prostate, and colorectal cancer screening among gay, lesbian, bisexual, and transgender adults living in Minnesota. In 2008 students collected 250 surveys at the Twin Cities Pride celebration bringing the total number of surveys collected to 500. The team completed their data analysis and wrote a manuscript regarding breast cancer screening among a population of women who have sex with women. The next steps will be to analyze the data for colon cancer screenings.

“This research team for the Multi-State Recidivism Study includes some of the best minds in sex offender and public policy research. It is an honor to be associated with such a great group of researchers and with a project that will inform, and possibly transform, risk assessment and risk management in the United States.”

Michael Miner, PhD
**Internet Using MSM – HIV Prevention and HIV Prevention Among HIV Positive Men in 6 Epicenters** In 2008, Michael Miner, PhD, Walter Bockting, PhD, and Eli Coleman, PhD, completed their work with the department of Epidemiology on research lead by Simon Rosser, PhD. Funded by the National Institute of Mental Health (NIMH) Center for AIDS Research, the studies were designed to implement and evaluate the long term effectiveness of an innovative intervention strategy on the unsafe sexual behaviors and risk cofactors of HIV positive men who have sex with men.

**Roots of Sexual Abuse** The study applies attachment theory to identify the unique and shared risk factors for adolescents perpetrating child sexual abuse, sexual assault, non-contact sex offenses, and those displaying mental health difficulties. It is a multi-method, cross-sectional study of 400 adolescent males who have sexually abused children, sexually assaulted peers or adults, exposed themselves or voyeured, or are receiving mental health treatment. This year researchers continued data collection at inpatient and outpatient treatment programs for sex offenders, substance abuse, and mental health/behavioral issues in both urban and rural Minnesota. Researchers made presentations at conferences of the Association for the Treatment of Sexual Abusers, National Adolescent Perpetration Network, and the Minnesota Chapter of the Association for the Treatment of Sexual Abusers. Researchers include Rebecca Swinburne Romine, MA, and S. Margretta Dwyer, MA, Michael Miner, PhD, and Deborah Finstad (Family Medicine and Community Health).

**Structured Clinical Interview for the DSM-IV** Nancy Raymond, MD, and others at the Center for Sexual Health are currently involved in a project to validate a structured clinical interview for the diagnosis of compulsive sexual behavior. This project involves administering the interview to individuals both with and without compulsive sexual behavior.

**30-Year Sexual Offender Recidivism Study** Thirty years ago PHS began treating sex offenders and in 2008 researchers started to analyze treatment success through an examination of recidivism. After comparing the data from 800 PHS files to information from the Minnesota Bureau of Criminal Apprehension the team shared their findings at two conferences, the International Association for the Treatment of Sex Offenders and the Association for the Treatment of Sexual Abusers. Researchers include Rebecca Swinburne Romine, MA, and S. Margretta Dwyer, MA, Michael Miner, PhD, and Deborah Finstad (Family Medicine and Community Health).
Training the next generation of care providers

PHS has a unique educational model as we are one of the few programs positioned within a major medical school and one of the only places that offers specialized training in transgender health, compulsive sexual behavior, and sexual offender therapy. Though there are a handful of postdoctoral clinical and research training opportunities around the country, PHS remains one of the largest centers training future sex therapists. We educate postdoctoral psychologists, medical students, medical and psychiatry residents, and researchers. PHS is within the Department of Family Medicine and Community Health.

Postdoctoral fellows

Cesar Gonzalez, PhD
Rae Hoesing, PhD
Alex Iantaffi, PhD
Scott Jacoby, PhD
Sara Prescher, PsyD
Katie Spencer, PhD
Zach White, MFA, PsyD

Michelle van Ryn, PhD, is an associate professor in the Department of Family Medicine and Community Health, and is completing her clinical requirements to become a marriage and family therapist.

Medical students

This year PHS faculty team-taught a two-week intensive Human Sexuality course for medical students. Faculty also traveled to the Mayo Medical School to conduct a Sexual Attitude Reassessment seminar.

Ten medical students completed multiple-week rotations through PHS, and one of the students traveled from the Des Moines University.

Sara Kottke, MD, psychiatry resident works closely with Jon Grant, MD, and Nancy Raymond, MD, at PHS to treat patients with psychiatric conditions.

In 2008, PHS graduated postdoctoral fellow, Paul Pawlicki, PsyD. He is currently providing individual and group therapy for abuse survivors and sexual offenders and their families at Alpha Human Services in Minneapolis.

“PHS offers a unique blend of clinical and research excellence in the field of sexology, which, combined with an academic setting and exceptional mentorship, was well worth moving 4,000 miles for!”

Alex Iantaffi, PhD (UK)
Visiting scholars

Marieke van Eijk, MA, University of Amsterdam, The Netherlands van Eijk is a medical-anthropologist currently visiting PHS to conduct research comparing transgender health care practices in the United States and Western Europe. Van Eijk seeks to understand how different processes and systems in transgender health care, such as health care funding and interactions between clients and care providers, affect transgender-specific health care delivery and expressions of gender identities and body modifications. She said, “An important question I am exploring is ‘Why would a person look different in terms of gender identity and physical outcomes if they transition in Western Europe compared with the United States?’” She will complete her research in June 2009. Her project is supervised by Walter Bockting, PhD.

Sven Grützmeier, MD, Karolinska Institute, Stockholm, Sweden Grützmeier offered his expertise as visiting faculty to the Human Sexuality course offered to medical students at the University of Minnesota Medical School. He attended the entire course with the intention to replicate the curriculum for medical students at the Karolinska Institute. By instructing future physicians about the spectrum of human sexuality, Grützmeier hopes to change the way that doctors approach their patients. “The whole of the health care system in Sweden is built on the presumption that everyone is heterosexual. All the questionnaires, everything we think about when we research the patient, and all the questions we ask, are based on an assumption of heterosexuality. Simple questions that can highlight or elicit information about whether the client is homosexual, bisexual, or transsexual are not asked. There is no education in that area, and so people feel embarrassed about it and don’t bother,” says Grützmeier.

Guest lecturers

Marci Bowers, MD, Gender Reassignment Surgery Department, Trinidad, Colorado and Loren Schechter, MD, Surgical Director, Chicago Gender Center, Illinois Bowers and Schechter lectured at the University of Minnesota Medical School on the current health care needs and surgical procedures for transgender individuals. After their lecture, they visited PHS and emphasized the critical need for scientific research on transgender youth.

Mark Schoen, PhD, Sex Smart Films, Los Angeles, California Schoen is building SexSmarFilms.com a virtual library of sexuality films. In 2008 he visited PHS to share his vision for the organizations noting that, “Without films and photos your only frame of reference for sex is your own sexual experience.”

Ron Fox, PhD, The Netherlands Fox discussed his current research on bi-sexuality and bisexual identity development. His particular interests are in the area of affirmative psychotherapy with this population.

Community outreach

Deborah E. Powell Center for Women’s Health Research Conference
Minneapolis Urban League community research presentation “Results of the MN Community PROMISE PLUS/B4REAL Project”
Minnesota Chapter: Association for the Treatment of Sexual Abusers Conference
Minnesota Transgender Health Coalition Health & Wellness Fair
Twin Cities Pride
Clinical Services

Center for Sexual Health
At the PHS clinic, the Center for Sexual Health, we promote the sexual health of individuals, couples, and families of all backgrounds and ages. By treating sexual concerns, we make people’s lives whole again. In 2008 our therapists, psychiatrists, and physicians treated more than 400 individuals through an average of 1,200 clinic visits each month. In addition to individual psychotherapy, we also provide group therapy and partner support. We have helped thousands of patients regain sexual functioning and intimacy in their lives. We have developed unique and therapeutic approaches to sexual dysfunctions and disorders through a sex-positive approach.

Expanding clinical service
Child and Adolescent Services In 2008, the Center for Sexual Health developed a program for children and adolescents with a range of sexual issues. While a few clinicians have traditionally worked with young clients, we now have more fully developed guidelines and treatment models which are being incorporated into the fellowship training program. Thus, the Center for Sexual Health now has the capacity to see many more young clients within a comprehensive treatment framework. The goal is to treat children with sexual behavior problems, children and adolescents with gender issues and in conjunction with the Disorders of Sexual Development Clinic, children and adolescents with a disorder of sexual development who need more psychological support and psychosexual education. We are very excited about this new direction and its possibilities.

Clinic updates
Relationship and Sexual Therapy We provided comprehensive psychological, psychiatric, and medical evaluations and treatment for individuals and couples with a wide variety of sexual and relationship problems, including low sexual desire, discrepancy in sexual desire between partners, arousal difficulties, erectile dysfunction, premature ejaculation, orgasmic difficulties, vaginismus, and pain during sexual activity.

“To help ashamed and secretive people to develop a proud and healthy sexuality — wow. This is a great satisfaction for me.”
Anne McBean, MA
Compulsive Sexual Behavior Treatment Program We offered effective treatment to help individuals gain control over their compulsive sexual behaviors. Through individual, group, and family therapy, we helped patients and their partners build positive attitudes and behaviors regarding sexuality.

Sexual Offender Treatment Program We provided treatment for men and women who have committed a sexual offense, including incest, child molestation, exhibitionism, voyeurism, obscene phone calls, internet-related sex offenses, and rape. We help participants learn what triggers their sexual offending, ways to avoid risky situations, and a plan to sustain their new coping skills. An integral part of our program is a group that offers partners social support, addresses their personal issues, and allows them to discuss their problems, confusion, and feelings. This group is important to our treatment program since behavior change is a process that involves the whole family, not just the individual offender.

Transgender Health Services We served the special health needs of the diverse transgender community, including individuals who identify as transgender, transsexual, crossdresser, bigender, drag queen, drag king, and gender queer, as well as their families. We provided accurate health information and competent services that are tailored to the needs of transgender patients.

HIV Counseling We offered therapy to people who are directly or indirectly affected by HIV. We helped to address the mental, sexual, and emotional health concerns and challenges for individual who are HIV-positive and the people who care about them.

Abuse Recovery We offered psychological treatment for men and women who have a history of sexual, physical, verbal, or emotional abuse. Individualized treatment was designed to help individuals overcome the negative results of the abuse they experienced, learn coping mechanisms, and develop positive attitudes about sexuality.

Sexual Orientation We assisted individuals who experience problems or conflicts related to their sexual behavior, fantasies, and emotional attachments toward men and women. Through therapy we helped these individuals understand their sexual orientation, resolve conflicts, and promote comfort with and acceptance of their sexual attractions.

Off-site clinical work

In 2008 Center for Sexual Health clinicians offered their services to patients at additional locations including:

Broadway Family Medicine Bean Robinson, PhD, serves primarily African American and Hmong patients at University of Minnesota Physicians Broadway Family Medicine, a clinic serving the residents of North Minneapolis, including zip code of 55411 which has one of the highest rates of STDs in Minnesota and where 40% of the residents live below the poverty level.

Disorders of Sex Development Clinic at the KDWB University Pediatrics Family Center Walter Bockting, PhD, and Dianne Berg, PhD, see children, adolescents and their families at the DSD Clinic. In addition to general support in adjusting to living with conditions of sexual development, we provide education and counseling with regard to the implications of these conditions for the development of sex, gender, and sexuality.

Women’s Health Center Jamie Feldman, MD, PhD, helps to serve the health care needs of women of all ages at the University of Minnesota Women’s Health Center. The Center uses a multi-disciplinary approach to comprehensive care, including preventative screening, gynecological concerns, menopause, and chronic disease management.

“The questions that students raise and the issues that clients face remind me of how complex sexual health can be. I am honored to work with them, helping them find greater understanding, peace, and fulfillment in their sexuality.”

Brian Zamboni, PhD
Activities influencing public policy

Comprehensive sexual health can not be achieved without comprehensive sexual rights. PHS faculty work to raise awareness of sexual rights as an inherent part of universal human rights based on freedom, dignity, and equality. From serving as expert advisors and leaders of international organization to offering legal consultation and workplace education, PHS faculty members are able to advocate for individuals who may not be able to advocate for themselves. The knowledge we gain from our endeavors in research, education, and clinical service helps to inform our advocacy.

Promoting HIV prevention

Community Health and Policy Advocate. Bean Robinson, PhD, advocates for HIV Prevention in the African American community.

Expert consultant, WHO, UNAIDS, CENSIDA, PAHO meetings in Washington DC, Acapulco, Mexico, and Geneva, Switzerland, Eli Coleman, PhD, collaborated on HIV/AIDS/STI assessment, prevention, and treatment for emerging and re-emerging epidemics of HIV and other sexually transmitted infections among men who have sex with men and transgender individuals around the world.

Promoting sexual health

Sexual Health Advisory Board, Sinclair Intimacy Institute Eli Coleman, PhD, serves as the Chair of the Advisory Council which helps guide the development of Sinclair sexual educational films and to ensure each video reflects the concerns and needs of healthy individuals and couples who want to enhance their intimacy.

Sexual Health for the Millennium, Eli Coleman, PhD, served as Project Coordinator and Senior Editor for the development of the World Association for Sexual Health technical document and advocacy trainings in Latin America (Ecuador) and Africa (Kenya), Europe (United Kingdom), and Asia (Vietnam) to promote sexual health in alignment with the UN Millennium Development Goals, a project funded by the Ford Foundation.

Society Scientific Study Sexuality, Brian Zamboni, PhD, served as the Midcontinent President of SSSS. The organization is dedicated to advancing knowledge of sexuality and fosters a world-wide, interdisciplinary community for professionals who, regardless of their specialization, are committed to a serious, scholarly, and scientific approach to acquiring and disseminating knowledge of sexuality.

Trojan Sexual Health Advisory Committee, Eli Coleman, PhD, is the Co-Chair of the group working to develop a strategy to promote sexual health and responsible sexual behavior, increase awareness of scientific-based knowledge of factors to improve sexual health including comprehensive sexuality education and increase condom usage. Development of public awareness campaigns, public information and new products which promote a healthy sexuality.

“The social stigma associated with gender variance is the main force driving the health disparities found among the transgender population. In order to combat stigma, we are involved in a wide variety of advocacy activities that range from public education, training of health professionals, expert witness testimony in cases of human rights violations, and promoting inclusive health insurance policies to improve access to transgender-specific health care.”

Walter Bockting, PhD

[Photo: Walter Bockting, PhD]
World Association for Sexual Health, Walter Bockting, PhD, was elected to and served on the Advisory Committee to help carry out the mission to promote sexual health and sexual rights throughout the world.

**Promoting sexual offender treatment & prevention**
American Psychological Association Interdivisional (37/41) Task Force on Child Maltreatment Prevention, Michael Miner, PhD, is a member of the task force that supports and promotes scientific inquiry, training, professional practice, and advocacy in the area of child maltreatment. The Child Maltreatment section is the only permanent organization within the APA specifically developed to address issues related to child abuse and neglect.

Association for the Treatment of Sexual Abusers, Michael Miner, PhD, serves as the Representative-at-Large on the Board of Directors as well as the Chair of the Education and Training Committee. The organization works to foster research, facilitate information exchange, further professional education and provide for the advancement of professional standards and practices in the field of sex offender evaluation and treatment.

International Association for Treatment of Sex Offenders, Michael Miner, PhD, served as the Vice-President of the organization that advocates for humane and effective treatment of sexual offenders on world-wide basis. The group works to establish standards of care for the treatment of sexual offending adolescents and adults.

Minnesota Chapter: Association for the Treatment of Sexual Abusers, Michael Miner, PhD, serves on the Board of Directors for the state chapter of The Association for the Treatment of Sexual Abusers. The organization is an interdisciplinary non-profit organization dedicated to the advancement of professional standards and practices in the field of sex offender evaluation and treatment.

**Promoting transgender health**
Advocate, Dianne Berg, PhD, on behalf of transgender individuals through consultation/training with elementary and high schools, universities, professional organizations and the workplace.

Expert consultant to the health insurance industry, Walter Bockting, PhD, advocated on behalf of transgender individuals to insurance companies for coverage of transgender-specific health care, including surgery.

Expert consultant to the State of Oregon, Walter Bockting, PhD, consulted on changing gender markers for transgender individuals on driver’s licenses and other state documents.

World Professional Association for Transgender Health, Bean Robinson, PhD, is the current Executive Director of the international multidisciplinary professional association whose mission is to promote evidence based care, education, research, advocacy, and public policy in transgender health.

World Professional Association for Transgender Health, Dianne Berg, PhD, is a member of the Disorders of Sexual Development Committee, that works to educate and provide consultation on the current state of knowledge, research, and clinical practice regarding individuals born with sex-atypical variants of internal and external sex differentiation to professionals and the lay public.

World Professional Association for Transgender Health, Standards of Care Committee, Eli Coleman, PhD, is serving as the Chair, and Walter Bockting, PhD, and Jamie Feldman, MD, PhD, are participating in reviewing the evidence base informing the next revision of the Standards of Care for Gender Identity Disorders, promoting the highest quality of care for transgender persons around the world.

**Sexual health** is now in the lexicon of public policy makers, and we have an opportunity to move our agenda forward as in no other time.
In an effort to prevent HIV transmission among young people and to promote sexual health, the Ministers of Health and Education of Latin America and the Caribbean have formally committed to take action by signing a groundbreaking HIV prevention declaration to promote sexual health and comprehensive sexuality education in schools. The declaration states, “Sexuality is an essential part of being human and it is expressed throughout one’s lifetime. Childhood and adolescence are important periods for the development of people and their countries, and for this reason, it is necessary to provide quality education that includes comprehensive education on sexuality both as a human right, as well as one that contributes to present and future quality of life. Unequal relationships between the sexes and among age groups, socioeconomic and cultural differences, and diversity in sexual orientation and identities, when associated with risk factors, create situations of increased vulnerability to HIV/STI infection.” Many sexuality experts worked for years to help draft the declaration, including Eli Coleman, PhD, who served as an advisor along with technical experts from United Nations agencies, academics, and civil society representatives.

World Professional Association for Transgender Health, Transgender Medicine and Research Committee, Jamie Feldman, MD, PhD, is the Chair of the group working to develop transgender health guidelines. She has served as a consultant on a number of legal cases that have been setting precedent for health care rights to effective care for transgender persons, as well as training other health professionals in transgender health issues.

World Professional Association for Transgender Health, Walter Bockting, PhD, is the President-Elect for the international multidisciplinary professional association whose mission is to promote evidence based care, education, research, advocacy, and public policy in transgender health.

Eliminating health disparities Melpomene Institute, Bean Robinson, PhD, serves on the Board of Directors for the organization that seeks to eliminate health disparities in Minnesota by empowering women and girls to lead active, healthy, full lives.

Improving family medicine Minnesota Academy of Family Physicians, Jamie Feldman, MD, PhD, is on the Research and Quality Improvement Committee which promotes clinical research by family physicians, residents, and students; organizes an annual research forum; and works with MAFP Research Network to encourage practice-based research efforts.

Legal consultation & expert witness testimony When called upon, PHS faculty provide scientific-based information in legal settings. We provide information on behalf of transgender individuals, individuals with intersex conditions, and as well as cases dealing with sexual abuse and sexual offending. From the Minnesota State Legislature and the Minnesota Department of Corrections to elementary schools and workplaces, we provide accurate information to increase understanding, set precedents for sexual rights, and reduce social stigma.

Media consultation In an effort to share accurate information with the general public, our faculty frequently consult with major news organizations such as the New York Times, Los Angeles Times, USA Today, ABC News, WCCO News, and Minneapolis Star Tribune.

Sexual health advocate Neal Gault, MD, passed away on December 11, 2008, of pancreatic cancer. Gault was a long time supporter of PHS and the Minnesota medical community. He was a sexual health advocate with a particular interest in educating medical students. His work in medical education took him all over the world and his passion had a true impact on the communities he touched. Gault served on the PHS Leadership Council, and we will miss his wisdom and generosity.

Photos: Ministers of Health and Education from Latin American and the Caribbean (credit UNAIDS/Agencialibrefoto); Neal Gault, MD
Our Future

Moving sexual health forward

PHS is one of the largest clinical, teaching, and research institutions in the world specializing in human sexuality. As such, it is uniquely positioned to become the world’s preeminent center for sexual health. It will require a vigorous investment from generous benefactors to achieve our goal. To become the best of its kind, the program must maintain its status as the standard of sexual health programs but it will also need to increase the reach and scope of its education activities, continue to advance innovative and progressive research, and invest in faculty recruitment and development.

We have made substantial progress over the past 39 years to promote sexual health. The program is now positioned to push forward once again. To capture this momentous opportunity, PHS is committed to raise $10 million to support existing and new faculty, grow our avenues for interdisciplinary research and education, improve on clinical care, and create a synergy of activities which will make a lasting impact on generations to come. Over the next seven years we will strive to build PHS into a more comprehensive, higher capacity, and internationally renowned program focused on improving the sexual health of individuals and communities. As envisioned, we will become a fertile home for advancing sexual health in the United States in innovative, science-based, and sex-positive ways. Faculty, staff, and community partners will work together to address a wide spectrum of issues related to our citizens’ sexual wellbeing: reproduction, identity, gender equity, sexual pleasure, disease and violence prevention, and social stigma. It will be essential for community members to be active partners with scholars, educators, health care providers, and policy makers to solve our society’s sexual health challenges, particularly those challenges experienced by our most vulnerable populations. We envision creating a leadership and capacity-building training center, whose success will be measured by its ability to train the next

If you have a passion to improve the human condition as it relates to sexuality, we want to know about it — together we will bring about the change we seek.

Photo: Joycelyn Elders, MD
generation of sexuality educators, researchers, clinicians, and leaders. Our specific focus will be to formalize our connections with other sexuality researchers, increase the breadth and depth of our sexual health research agenda, build on our postdoctoral fellowship training program, and develop a visiting scholars program.

Philanthropic priorities

**Academic Chair in Sexual Health** In 2007, PHS reached one goal in establishing the first endowed Academic Chair in Sexual Health in the world. The fund is designed to support the fundamental infrastructure of the Program – the leadership - including the Director of PHS and support staff. It assures long-term sustainability of the program, and as the endowment continues to grow, it will benefit the research, education, patient care, and public policy advocacy. As a first step, the endowment has helped to build the PHS human infrastructure beyond the faculty base through hiring a communications officer to promote the endeavors of the program and to develop new avenues of engagement with the community, alumni, colleagues, and stakeholders.

During the remaining years of our fundraising campaign, PHS hopes to find the resources to:

- Recruit new tenure-track faculty and support existing faculty focused on more specific areas of human sexuality like sexual health education.
- Create a leadership and capacity-building training center which will help train promising faculty and allow other sexuality programs to grow and flourish.
- Establish a National Center for Transgender Health Research and Policy.
- Build on our gay, lesbian, and bisexual health research by advancing a transdisciplinary research agenda, focusing research on the effects of stigma and the best methods to promote sexual health.
- Expand and strengthen outpatient sexual health clinical services.
- Build our postdoctoral fellowship training program.
- Develop a visiting scholars program to enrich our program and others with similar missions.
- Establish a Human Sexuality Library and Archive for our faculty and other scholars; our ultimate goal will be to link our resources with other major sexuality libraries in the world.

*Fund information has been updated since original publication.*
Call to action

The work of the Program in Human Sexuality can have an impact on millions of people around the world — every global citizen is a sexual being and will benefit from the increased understanding and new knowledge that can result from the activities of our faculty.

Your contributions make a difference

The Program in Human Sexuality is undertaking many exciting new challenges while we continue to seek solutions to century old mysteries. We believe that the 21st century will be the time to unlock our understanding of human sexuality. There are many opportunities to promote and be a part of the innovative work of the Program in Human Sexuality — we are seeking partners to help us move sexual health forward. If you have a passion to improve the human condition as it relates to sexuality, we want to know about it — together we will bring about the change we seek.

To receive information about giving opportunities and to learn more about how your contribution can make a difference, please contact Michael Russell at the Minnesota Medical Foundation at 612-624-4429/800-922-1663 or m.russell@mmf.umn.edu

PHS funds

The Chair in Sexual Health Fund This endowed chair fund is designed to support the Program Director and the necessary infrastructure to allow PHS to attract, retain, and support top faculty in the field of sexual health. The Chair was first appointed in 2007.

The Ashley Rukes Transgender Health Fund Supports transgender health initiatives as well as grants for health care services for the uninsured.

The Doug Braun-Harvey Human Sexuality Program Support Fund Doug Braun Harvey, on the occasion of his 50th birthday, set up a fund that would help the mission of the Program in Human Sexuality. The intent is to grow this fund over the years and in collaboration with the Chair in Sexual Health designate these funds for specific mission-based needs.

The Program in Human Sexuality Faculty Appreciation and Research Fund Provides “seed” grants to support PHS faculty and their projects in research, education, and clinical service.

The Program in Human Sexuality General Fund This fund provides unrestricted support to the Program to be directed where it is most needed.

The John Money Endowed Lecture Fund Provides a source of funding for the John W. Money Memorial Lecture at the World Congress of Sexual Health, the John Money Award through the Society for the Scientific Study of Sexuality, and an annual lecture on pediatric sexology at the Program in Human Sexuality in conjunction with the Department of Pediatric Endocrinology at the University of Minnesota.

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“Addressing sexual health in therapy,” Brian Zamboni, PhD, University Counseling and Consulting Services, University of Minnesota, Minneapolis, MN

“Adolescent sexual offenders: Myths, facts, and their implications,” Michael Miner, PhD, California Coalition on Sexual Offending Training Conference, San Francisco, CA

“The aging game. Sexuality and aging — Use it or lose it,” Bean Robinson, PhD, Mini Medical School, University of Minnesota Medical School, Minneapolis, MN

“Assessing and treating compulsive sexual behavior,” Brian Zamboni, PhD, American Psychological Association, Boston, MA

“Can the integrated model explain sexual crimes against children? Results of a study of adolescents,” Michael Miner, PhD, Association for the Treatment of Sexual Abusers, Atlanta, GA

“Community research presentation and panel: Results of the MN Community PROMISE PLUS/B4REAL project,” Bean Robinson, PhD, Minneapolis Urban League, Minneapolis, MN

“Compulsive sexual behavior - A brief primer,” Anne McBean, MA, and Brian Zamboni, PhD, Minnesota Employee Assistance Professionals, quarterly meeting, Bloomington, MN

“Compulsive sexual behavior and problem gambling,” Jon Grant, MD, keynote address, Oregon Gambling Conference, Wilsonville, OR

“Development and validation of the constraint — Autonomy of Gender Expression Scale (CAGES),” Katherine G. Spencer, PhD, Society for the Scientific Study of Sexuality (SSSS), San Juan, Puerto Rico

“Discussing, diagnosing, and treating sexual dysfunction,” Bean Robinson, PhD, and Karin Larsen, PhD, Veteran’s Administration, Minneapolis, remote to Hibbing and Rochester, MN

“Drugs, sex, and aggression: The association between substance use, abuse, and sexual aggression,” Michael Miner, PhD, International Association for the Treatment of Sexual Offenders, Cape Town, South Africa

“Dysparunia,” Jamie Feldman, MD, PhD, Grand Rounds, St. John’s Hospital, Maplewood, MN

“Fact to face, psycho-educational project towards an HIV prevention,” Eli Coleman, PhD, XVII International AIDS Conference, Mexico City, Mexico

“Female sexual dysfunction drugs: Old, new and ‘on the horizon.’ New and old drugs: Best choices,” Jamie Feldman, MD, PhD, Park Nicollet Institute, Minneapolis, MN

“Formative evaluation of an intervention targeting the impact of unconscious racial and ethnic bias on clinical judgment and decision-making,” Michelle van Ryn, PhD, co-authors: Diana Burgess, PhD, Sean Phelan, MPH, and Mark Yeazel, MD, and Jack Dovidio, PhD, NIH Summit: The Science of Eliminating Health Disparities, National Harbor, MD

“Gambling and the brain — How strong are the links?” Jon Grant, MD, Responsible Gambling Council, Ottawa, Canada

“Impulsive/compulsive sexual behavior,” Eli Coleman, PhD, Anne McBean, MA, and Jon Grant, MD, Family Medicine and Community Health Grand Rounds, University of Minnesota Medical School, Minneapolis, MN

“Men who have sex with transgender persons and HIV risk,” Walter Bockting, PhD, Co-authors: Michael Miner, PhD, Jamie Feldman, MD, PhD, Muriel Vernon, Jeremy Grey, & Eli Coleman, PhD, International Academy of Sex Research, Leuven, Belgium

“Neurobiology and pharmacological treatment of substance and non-substance addictions,” Jon Grant, MD, keynote address, Iowa Governor’s Conference on Substance Abuse, Des Moines, IA

Panel on bisexuality chaired by Marge Charmoli, PhD, Alex Iantaffi, PhD, PFLAG, Minneapolis, MN
“Parental factors and attachment in juvenile sexual offenders,” Jason Netland, MA, and Michael Miner, PhD, Minnesota Association for the Treatment of Sexual Abusers, Minneapolis, MN

“Roots of sexual abuse: Understanding adolescent sexual offending against children,” Michael Miner, PhD, keynote address, National Adolescent Perpetration Conference, Portland, OR

“Sexual attitude reassessment,” Eli Coleman, PhD, American Association of Sexuality Educators, Counselors and Therapists professionals training, Minneapolis, MN

“Smoking cessation among transgender persons receiving hormone therapy,” Jamie Feldman, MD, PhD, Minnesota Academy of Family Physicians Research Forum, Minneapolis, MN

“Teaching sexuality to rural biology teachers,” Brian Zamboni, PhD, Howard Hughes Medical Institute Grant, College of Biological Sciences, University of Minnesota, Itasca State Park, MN

“Thirty year follow-up of recidivism,” S. Margretta Dwyer, MA, co-authors: Rebecca Swinburne Romine, MA, International Association for the Treatment of Sexual Offenders, Cape Town, South Africa

“Thirty years of sex offender specific treatment: A follow-up study,” Rebecca Swinburne Romine, MA, Co-authors: Margretta Dwyer, MA, Christine Mathiowetz, Michelle Thomas, Association for the Treatment of Sexual Abusers, Atlanta, GA

“Transgender history and physical exam: Medical assessment for hormone therapy,” Jamie Feldman, MD, PhD, keynote address, Canadian Professional Association for Transgender Health Conference, Toronto, Canada

“Transgender persons who have sex with men (TSM) and HIV risk,” Walter Bockting, PhD, and Jeremy Grey, co-authors: Jamie Feldman, MD, PhD, Muriel Vernon, Rebecca Swinburne Romine, MA, Bean Robinson, PhD, XVII International AIDS Conference, Mexico City, Mexico

“Translating neuroscience research into improved medication management of impulse disorders,” Jon Grant, MD, Neuroscience Grand Rounds, University of South Florida, Tampa, FL

“Unintended biases in minority health,” Michelle van Ryn, PhD, Medical Board of Minnesota, Minneapolis, MN

“What attachment theory tells us about unique risks for adolescent boys to sexually offend,” Michael Miner, PhD, National Adolescent Perpetration Conference, Portland, OR

“What’s your kink got to do with your shrink?: The intersection between alternative sexual practices and psychotherapy,” Scott Jacoby, PhD, Sexy Spring, Minneapolis, MN

“Women’s sexual health,” Sara Mize, PhD, River’s Edge Counseling and Healing Center, Burnsville, MN

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