Program in Human Sexuality
Annual Report 2009

University of Minnesota
Medical School
Department of Family Medicine & Community Health
We began the new year full of hope, determination, and with some apprehension. The financial crisis and 2008 presidential election have had a dramatic impact on the cultural climate in our country and the world.

The current financial downturn has added stress to many lives, and it has impacted the number of times individuals may seek physical, mental, or sexual health services. On a global level, governments are struggling to provide basic infrastructure support and sexual health might seem like a luxury. For many people the financial crisis has added another barrier to improving their sexual health.

On the positive side, with the Obama administration in place we have seen a return to science-based sexual health education and policy. While the end of funding of abstinence-only education is encouraging, it will take years to remedy the negative effects of the previous policy. We look forward to a revitalized national strategy promoting sexual health that is sex-positive and evidence-based. At PHS we advocate that every citizen should receive a life-long, comprehensive sexuality education and every health care provider should be trained to address sexuality as part of her practice.

In 2009 we saw historic developments in the promotion of sexual health. There was a renewed focus on the urgent need to address the emerging and re-emerging epidemics of HIV and other sexually transmitted infections among men around the world who have sex with men and transgender individuals – using a sexual health approach and not simply disease prevention and the provision of condoms and drugs. Sexual health is now in the lexicon of public policy makers, and we have an opportunity to move our agenda forward as in no other time that I can recall. The synergy of global events is creating momentum, and we must capitalize on this extraordinary opportunity.

Even under the current financial conditions, we are determined to continue our strong commitment to our work. Philanthropic support is needed now more than ever, not only to maintain our high standards, but to rise to the opportunities and challenges before us. I hope that you can see in this report that PHS faculty have made major contributions to the promotion of sexual health this year. These are difficult times, but we must use every resource we have to move the sexual health agenda forward.

We must revolutionize the sexual climate in this country by eliminating barriers and advancing healthy sexuality. We will do this through our research, education, innovative care, and promoting evidence-based public policy. Let us focus on wellness, the elimination of stigma and discrimination, empowerment, and pleasure.

We must address sexuality throughout the life span. Let us make sexual health everyone’s right.

As ever, we appreciate and need your help and support.

Eli Coleman, PhD
Professor & Director
Academic Chair in Sexual Health
New Research

Opening Pandora’s Box: Somali Women, Sexuality, and HIV/STD Prevention The Program in Health Disparities Research at the University of Minnesota awarded PHS with a $15,000 planning grant. The new study, “Opening Pandora’s Box: Somali Women, Sexuality, and HIV/STD Prevention,” will be the first to examine HIV-related knowledge, attitudes, and behaviors of Somali women of all sexual orientations. Researchers include Bean Robinson, PhD, Fatima Jama, program manager at Midwest Community Development Inc, and Amira Ahmed, founder and executive director at Midwest Community Development Inc. The goal is to meet the critical need to reduce HIV and STD transmission among African-born Americans in Minnesota (and the U.S.) as they have the highest HIV/AIDS rates of any ethnic group. Interviews will be conducted in English or Somali by the project’s bilingual Somali-raised community partners. Researchers will recruit participants from Somali gathering places, mosques, and gay/lesbian clubs and bars. Our Somali community partners represent heterosexual and gay/lesbian/bisexual identities and have numerous and diverse contacts including ones within the straight and hidden gay Somali communities. The information gathered from this study will be used to secure additional funding to further study the knowledge, attitudes, and behaviors related to HIV/STD transmission and prevention within the Somali community. Ultimately the group will translate this knowledge into the development of the first HIV counseling and testing intervention program for Somali women.

Research Updates

All Gender Health Online The first stage of the study will examine the sexual health among men who have sex with transgender people. The results of this study will be used to develop effective interventions to prevent the spread of HIV and promote the sexual health of transgender people as well as the population at large. Last year the team recruited a research coordinator and consolidated the project advisory board. They also developed an online survey, conducted an online ethnography, carried out seven online focus groups, started the evaluation of the transgender resources currently available online, and presented their early findings at the International AIDS Conference. In 2009 the pilot study was completed, and further findings were presented at the World Professional Association for Transgender Health symposium and the World Association for Sexual Health conference.

“After years of providing direct clinical service to the transgender community, it is rewarding to have the opportunity to test what we have learned from our clients through rigorous research. We are strengthening the evidence base of our innovative approach to promoting transgender health.”

Walter Bockting, PhD
Development of the online intervention incorporating the formative research findings is underway. Walter Bockting, PhD, is the principal investigator and the study is funded by the National Institutes of Health. Researchers include Bean Robinson, PhD, Jamie Feldman, MD, PhD, Michael Miner, PhD, Eli Coleman, PhD, Alex Iantaffi, PhD, Cesar Gonzalez, PhD, Rebecca Swinburne Romine, MA, Joe Konstan, PhD (Computer Science), Keith Horvath, PhD (Epidemiology), David Valentine, PhD (Anthropology), Aaron Doering, PhD (Curriculum & Instruction), and Charles Miller, PhD (Curriculum & Instruction).

**Compulsive Sexual Behavior Chart Review** The goal of this project is to collect information on Compulsive Sexual Behavior Inventory (CSBI) scores among men treated for compulsive sexual behavior (CSB) at the Center for Sexual Health. Researchers have reviewed client charts with the goal of establishing clinical norms for comparison with the community samples, and in confirming the two-factor structure identified in earlier research. Additionally they are using this data in conjunction with data from other samples to develop a short form of the instrument. Researchers include Eli Coleman, PhD, Michael Miner, PhD, Jon Grant, MD, JD, Nancy Raymond, MD, Rebecca Swinburne Romine, MA, Derek Smolinski, PhD, Christine Mathiowetz, Caleb Blackwell, and Joshua Klein.

**Compulsive Sexual Behavior Survey** PHS researchers hope to better understand compulsive sexual behavior in Minnesota, with a special focus on men who have sex with men. Researchers include Eli Coleman, PhD, Michael Miner, PhD, Nancy Raymond, MD, Jon Grant, MD, and Rebecca Swinburne Romine, MA. The team is working to collect 1500 surveys at events throughout Minnesota and online. Clients who have been treated for CSB at PHS. Researchers are also working to develop a new study in partnership with the Karolinska Institute on the neuropathology of CSB, hoping to explore the extent to which CSB can be characterized as an impulse control and/or a compulsive spectrum disorder.

**Double-Blind Naltrexone in Compulsive Sexual Behavior** Jon Grant, MD, is the principle investigator on this clinical trial with the goal of evaluating the efficacy and safety of Naltrexone in compulsive sexual behavior. Twenty subjects with CSB will receive eight weeks of Naltrexone or placebo. The hypothesis to be tested is that Naltrexone will be effective in reducing the urges to act out sexually in patients with CSB. The study will provide needed data on the treatment of a disabling disorder that currently lacks a clearly effective treatment.

**Structured Clinical Interview for the DSM-IV** Eli Coleman, PhD, Michael Miner, PhD, and Nancy Raymond, MD, along with others at the Center for Sexual Health are currently involved in a project to validate a structured clinical interview for the diagnosis of compulsive sexual behavior. This project involves administering the interview to individuals both with and without compulsive sexual behavior.

**Internet Using MSM – HIV Prevention and HIV Prevention Among HIV Positive Men in 6 Epicenters** Michael Miner, PhD, and Eli Coleman, PhD, completed their work with the department of Epidemiology on research lead by Simon Rosser, PhD. Funded by the National Institute of Mental Health Center for AIDS Research, the studies were designed to implement and evaluate the long term effectiveness of an innovative intervention strategy on the unsafe sexual behaviors and risk cofactors of HIV positive men who have sex with men.

**GLBT Twin Cities Cancer Screening Survey** In an effort to identify barriers to health screening in the GLBT community, Eli Coleman, PhD, is advising medical students in a research study that looks at the rate of cancer screening, specifically at the rates of cervical, breast, prostate, and colorectal cancer.

“We are a dynamic team and together we represent a range of cultural experiences and a breadth of expertise. It seemed like a natural step to collaborate on research that will help to meet the critical need for sexual health education and prevention for the large communities of Somali women in Minnesota.”

Bean Robinson, PhD

Photos: Jon Grant, MD, JD, MPH; Michael Miner, PhD; Rebecca Swinburne Romine, MA; Fatima Jama, Bean Robinson, PhD, Amira Ahmed
screening among gay, lesbian, bisexual, and transgender adults living in Minnesota. In 2009 the team wrote a manuscript regarding breast cancer screening among a population of women who have sex with women. The next step will be to analyze the data for colon cancer screenings.

**A Multi-State Recidivism Study Using Static-99 and Static-2002 Risk Scores and Tier Guidelines from the Adam Walsh Act**

This is the first comprehensive investigation of risk assessment procedures and their predictive validity with samples of American sex offenders. The principal aim of this study is to examine the predictive validity of two actuarial risk assessment instruments, the Static-99 and Minnesota Sex Offender Screening Tool-Revised, in a large multi-state sample of sexual offenders, and to examine how well the Adam Walsh Act classification categories predict sexual offender recidivism compared to these actuarial instruments. Additional study goals include examining whether classification and notification as currently implemented in the study states are related to recidivism, and exploring the degree to which offender age is related to sex offense recidivism. Data collection began in June 2009 in five states including Massachusetts, Minnesota, New Jersey, Florida, and South Carolina. Michael Miner, PhD, is a co-principal investigator of the study funded by the Center for Disease Control. Researchers include Dianne Berg, PhD, Bean Robinson, PhD, Angie Lewis-Dmello, Yoonhee Sung, Morgan Paldron, MA, and Rebecca Swinburne Romine, MA.

**30-Year Sexual Offender Recidivism Study**

Thirty years ago PHS began treating sexual offenders and in 2008 researchers started an examination of recidivism. After comparing the data from 800 PHS files to information from the Minnesota Bureau of Criminal Apprehension the team presented their findings at conferences for the International Association for the Treatment of Sex Offenders and the Association for the Treatment of Sexual Abusers. Currently they are analyzing the data for a paper examining reoffense risk with non-contact offenders. Researchers include Rebecca Swinburne Romine, MA, S. Margretta Dwyer, MA, Michael Miner, PhD, and Deborah Finstad (Family Medicine and Community Health).
Training the Next Generation of Care Providers

PHS features a unique educational model as we are one of the few programs positioned within a major medical school and one of the only places that offers specialized training in sex and relationship therapy, transgender health, compulsive sexual behavior, and sexual offender therapy. Though there are a handful of postdoctoral clinical and research training opportunities around the country, we remain one of the largest centers training future sex therapists. As part of the Department of Family Medicine and Community Health, we educate postdoctoral psychologists, medical students, medical and psychiatry residents, and researchers.

Postdoctoral Fellows

Each fellow completes a research project, and this year we expanded our mentoring of junior researchers to better prepare clinicians to enter the field of sexual science. Two of our postdoctoral fellows are dividing their training time between clinical practice and research.

Katherine Spencer, PhD, a December postdoctoral fellow graduate, will continue her work with individuals and families at PHS as a psychologist at our clinic, the Center for Sexual Health

PHS postdoctoral fellows Cesar Gonzalez, PhD, Sheena Hoffmann, PsyD, Alex Iantaffi, PhD, Scott Jacoby, PhD, Ashley Mercer, PsyD, Katherine Spencer, PhD, Eric Sprankle, PsyD, and G Zachariah White, MFA, PsyD. In addition to the fellows, Michelle van Ryn, PhD, is an associate professor in the Department of Family Medicine and Community Health, and is completing her clinical requirements to become a marriage and family therapist.

Medical Students

PHS faculty provide the medical students at the University of Minnesota Medical School and the Mayo Medical School with a science-based sexual health education that strives to increase their understanding of the importance of sexual health and the diverse manifestations of sexuality they will see in their patients. Even in this tough economic time, we continue to expand our commitment to medical, graduate, and continuing education.

In addition to the team-taught four-week intensive human sexuality course for medical students, nine medical students...
completed multiple-week rotations at PHS. In July we welcomed third-year psychiatry resident, Jennifer Shumann, MD, who works closely with Jon Grant, MD, and Nancy Raymond, MD, to treat our patients with psychiatric conditions.

**Visiting Scholars**

**Marieke van Eijk, MA, University of Amsterdam, The Netherlands** Van Eijk is an anthropologist who visited PHS for nine months to conduct research comparing transgender health care practices in the United States and Western Europe. Van Eijk seeks to understand how different processes and systems in transgender health care, such as health care funding and interactions between transgender people and care providers, affect transgender-specific health care delivery and expressions of gender identities and body modifications. She completed her research at PHS in June 2009. She is now writing articles that seeks to investigate how health care insurance, or the lack thereof, plays a role in decision making processes of transgender people whether or not to change their bodies’ physical appearance. Her project is supervised by Professor Niko Besnier, University of Amsterdam, and Walter Bockting, PhD.

**Armando Diaz, Mexico City, Mexico** Diaz is a psychologist, activist, and scholar who visited PHS to consult with Eli Coleman, PhD. Inspired by Cara a Cara (Face to Face), an HIV prevention training program for community advocates that was created by PHS and conducted in Mexico, Diaz developed an educational program for gay men and men who have sex with men in urban and rural communities throughout Mexico called Hombres, Conciencia, y Encuentros (Men, Awareness, and Encounters).

**Guest Lecturers**

**Marianna Beck, PhD, Chicago, Illinois** Publisher, film maker, and doctor of erotology, Marianna Beck, PhD, presented “Sex, Science, and Social Code” to first year medical students as part of the human sexuality course taught by PHS faculty.

**Elizabeth Griffin, MA, Internet Behavior Consulting Company, Eden Prairie, Minnesota** Griffin educates a wide range of individuals about problematic online behavior. In 2009 she met with PHS therapists to update them on new sexual trends on the Internet.

**Community Outreach**

A new monthly event features PHS faculty, postdoctoral fellows, and research collaborators sharing the latest findings in sexual health research. The series draws students, faculty, and researchers from throughout the university community, as well as clinical colleagues from Minneapolis and Saint Paul. Recordings of some of the lectures are available on our website (www.phs.umn.edu). Presentations this year included:

“All Gender Health Online: Initial findings,” Alex Iantaffi, PhD
“Child and adolescent services at PHS,” Dianne Berg, PhD
“Development and Validation of the Comfort and Conformity to Gender Expression Scale (CAGES),” Katherine Spencer, PhD
“Development of sexual identity, barriers to intimacy and the promotion of sexual health,” Eli Coleman, PhD
“Gay men and desired women: Unsafe sex among transgender people having sex with men,” Jamie Feldman, MD, PhD
“Homophobia: A review of instruments,” Bean Robinson, PhD, and Jeremy Grey
“Hostile masculinity and juvenile sex offenders,” Charles Helm, MA
“Impulsivity and addiction,” Nancy Raymond, MD
“Rates of cervical cancer screening and screening mammography in women who have sex with women,” Cory Jaques
“The theory of gender and stigma: A new perspective on GLBT identity development,” Walter Bockting, PhD
“Understanding and treating behavioral addictions,” Jon Grant, MD, JD, MPH

**Information and Resource Displays**

Deborah E. Powell Center for Women’s Health Research Conference
Healthy Life Expo
Minnesota Chapter: Association for the Treatment of Sexual Abusers Conference
Minnesota Transgender Health Coalition Health and Wellness Fair

Photos: Joshua Klein (volunteer), Caleb Blackwell (volunteer), Rhiannon Blackdeer de Prado; Brian Zamboni, PhD; Scott Jacoby, PhD
Center for Sexual Health

At the PHS clinic, the Center for Sexual Health, we promote the sexual health of individuals, couples, and families of all backgrounds and ages. By treating sexual concerns, we make people’s lives whole again. In 2009 our therapists, psychiatrists, and physicians treated more than 400 individuals through an average of 1,200 clinic visits each month. In addition to individual psychotherapy, we also provide group therapy and partner support. We have helped thousands of patients regain sexual functioning and intimacy in their lives. We have developed unique and therapeutic approaches to sexual dysfunctions and disorders through a sex-positive approach.

Clinic Updates

Relationship and Sexual Therapy This year we provided comprehensive psychological, psychiatric, and medical evaluations and treatment for individuals and couples with a wide variety of sexual and relationship problems, including low sexual desire, discrepancy in sexual desire between partners, arousal difficulties, erectile dysfunction, premature ejaculation, orgasmic difficulties, vaginismus, and pain during sexual activity.

Compulsive Sexual Behavior Treatment Program In 2009 we offered effective treatment to help individuals gain control over their compulsive sexual behaviors. Through individual, group, and family therapy, we helped patients and their partners build positive attitudes and behaviors regarding sexuality. We have added two new therapy groups, increasing the number of groups for CSB patients to six.

Sexual Offender Treatment Program We provided treatment for men and women who have committed a sexual offense, including incest, child molestation, rape, exhibitionism, voyeurism, obscene phone calls, and internet-related sex offenses. We helped participants recognize what triggers their behavior, ways to avoid risky situations, and a plan to sustain their new coping skills. An integral part of our program is a group that offers partners social support, addresses their personal issues, and allows them to discuss their problems, confusion, and feelings. This group is important to our treatment program since behavior change is a
process that involves the whole family, not just the individual offender.

Transgender Health Services We served the special health needs of the diverse transgender community, including individuals who identify as transgender, transsexual, crossdresser, bigender, drag queen, drag king, and gender queer, as well as their families. We provided services tailored to the individual needs of transgender clients. This year our services grew with the addition of a new group for adults and a group program for youth ages 12-17, their parents, and caregivers.

Child and Adolescent Services In 2008 we developed our program for children and adolescents with a range of sexual issues. We now treat children with sexual behavior problems, children and adolescents with gender issues, and, in conjunction with the Disorders of Sex Development Clinic, children and adolescents with a disorder of sexual development who need more psychological support and psychosexual education. This year we provided diagnostic or therapeutic services to over 50 youth and we currently have 40 youth who are receiving regular services. Besides individual therapy we began a bi-monthly gender exploration group that is attended jointly by youth ages 12-17 and their caregivers or other important adults in their lives. While there have been a number of seminars devoted to working with children and adolescents, we now have three postdoctoral fellows working directly in the child and adolescent program, and we have instituted regular supervision and staff meetings to enhance training.

HIV Counseling We offered therapy to people who are directly or indirectly affected by HIV. We helped to address the mental, sexual, and emotional health concerns and challenges for individual who are HIV-positive and the people who care about them.

Abuse Recovery We offered psychological treatment for men and women who have a history of sexual, physical, verbal, or emotional abuse. Individualized treatment was designed to help individuals overcome the negative results of the abuse they experienced, learn coping mechanisms, and develop positive attitudes about sexuality.

Sexual Orientation We assisted individuals who experience problems or conflicts related to their sexual behavior, fantasies, and emotional attachments toward men and women. Through therapy we helped these individuals understand their sexual orientation, resolve conflicts, and promote comfort with and acceptance of their sexual attractions.

Off-Site Clinical Work

University of Minnesota Physicians Broadway Family Medicine Bean Robinson, PhD, served primarily African American and Hmong patients who are residents of North Minneapolis, including zip code of 55411 which has one of the highest rates of STDs in Minnesota and where 40% of the residents live below the poverty level.

Leo Fung Center for Congenital Adrenal Hyperplasia (CAH) and Disorders of Sex Development (DSD) Clinic within the Pediatrics Specialty Center at the KDWB University Pediatrics Family Center Walter Bockting, PhD, and Dianne Berg, PhD, saw children, adolescents, and their families at the Leo Fung Center. In addition to general support in adjusting to living with a range of “intersex” conditions, they provided education and counseling with regard to the implications of these conditions for the development of sex, gender, and sexuality.

University of Minnesota Women’s Health Center Jamie Feldman, MD, PhD, helped to serve the health care needs of women of all ages. The Center uses a multi-disciplinary approach to comprehensive care, including preventive screening, gynecological concerns, menopause, and chronic disease management.

“What draws me to this work is the true honor of bearing witness to that very moment when a client awakens to the inherent wisdom of the body.”

Sara Mize, PhD on her work in sensorimotor psychotherapy

Photos: Anne McBean, MA; Lisa Miles, RN, Nancy Raymond, MD; Rosemary Munns, PsyD; Sarah Mize, PhD
Advocacy

Activities Influencing Public Policy

Comprehensive sexual health cannot be achieved without comprehensive sexual rights. PHS faculty work to raise awareness of sexual rights as an inherent part of universal human rights based on freedom, dignity, and equality. From serving as expert advisors and leaders of international organizations to offering legal consultation and workplace education, PHS faculty members are able to advocate for individuals who may not be able to advocate for themselves. The knowledge we gain from our endeavors in research, education, and clinical service helps to inform our advocacy.

Promoting HIV Prevention


Office of National AIDS Policy, White House HIV/AIDS town hall meeting, Alex Iantaffi, PhD, Hale Thompson, Andrea Jenkins (AGHO Advisory Board member), Sharon Lund, PhD, (affiliated researcher), and Fatima Jama (community research partner) were among the local advocates that spoke at the town hall meeting held in Minneapolis, MN. Community expertise will help ONAP to reach the national strategy goals of reducing HIV incidence, increasing access to care, optimizing health outcomes, and reducing HIV-related health disparities.

Promoting Sexual Health

Policy review, Eli Coleman, PhD, is working with World Association for Sexual Health and WHO to review the sexual diagnoses in the International Classification of Diseases. Efforts are underway to revise definitions/classifications on the basis of evidence from the field of sexual health.

“Let us focus on wellness, the elimination of stigma and discrimination, empowerment, and pleasure. Let us make sexual health everyone’s right.”

Eli Coleman, PhD

The work of PHS can have an impact on millions of people around the world — every global citizen is a sexual being and will benefit from the increased understanding and new knowledge that can result from the activities of our faculty.

Photo: Eli Coleman, PhD
Sexual Health Advisory Board, Sinclair Intimacy Institute, Eli Coleman, PhD, serves as the Chair of the Advisory Council which helps guide the development of Sinclair sexual educational films and to ensure each video reflects the concerns and needs of healthy individuals and couples who want to enhance their intimacy.

Sexual Health for the Millennium, Eli Coleman, PhD, served as Project Coordinator and Senior Editor for the development of the World Association for Sexual Health technical document and advocacy trainings in Latin America (Ecuador) and Africa (Kenya), Europe (United Kingdom), and Asia (Vietnam) to promote sexual health in alignment with the UN Millennium Development Goals, a project funded by the Ford Foundation.

Society for Sex Therapy and Research, Brian Zamboni, PhD, serves on the Executive Council as the Continuing Education Officer. The organization works to facilitate communication among clinicians who treat problems of sexual function, sexual identity, and reproductive life, and to provide a forum for exchange of ideas between those interested in research in human sexuality and those whose primary activities are patient care.

Trojan Sexual Health Advisory Committee, Eli Coleman, PhD, is the Co-Chair of the group working to develop a strategy to promote sexual health and responsible sexual behavior, increase awareness of scientific-based knowledge of factors to improve sexual health including comprehensive sexuality education, and increase condom use.

Promoting Sexual Offender Treatment and Prevention
American Psychological Association Interdivisional (37/41) Task Force on Child Maltreatment Prevention, Michael Miner, PhD, is a member of the task force that supports and promotes scientific inquiry, training, professional practice, and advocacy in the area of child maltreatment. The Child Maltreatment section is the only permanent organization within the APA specifically developed to address issues related to child abuse and neglect.

Association for the Treatment of Sexual Abusers, Michael Miner, PhD, serves as the Representative-at-Large on the Board of Directors as well as the Chair of the Education and Training Committee. The organization works to foster research, facilitate information exchange, further professional education and provide for the advancement of professional standards and practices in the field of sex offender evaluation and treatment.

Promoting Transgender Health
Advocate, Dianne Berg, PhD, on behalf of transgender individuals through consultation/training with elementary and high schools, universities, professional organizations and the workplace.

American Psychiatric Association Task Force on the Treatment of Gender Identity Disorder in Children, Adolescence, and Adults, Eli Coleman, PhD, is a member of subcommittee examining the treatment of adults. The group is working to examine current practices and possibly suggest revisions to guidelines based on the best evidence in the field.

A w a r d s
Eli Coleman, PhD
Masters & Johnson Award
Society for Sex Therapy & Research

Eli Coleman, PhD
Diversity Leadership Award
Minnesota Psychological Association

Jon Grant, MD, JD, MPH
Senior Investigator Award
National Center for Responsible Gaming

Cesar Gonzalez, PhD
Early Career Psychologist Credentialing Scholarship
National Register of Health Providers in Psychology

Anne McBean, MA
Faculty Mentor Award
PHS Postdoctoral Fellows

Bean Robinson, PhD
Fellow
Society for the Scientific Study of Sexuality

Brian Zamboni, PhD
Outstanding Faculty Member
St Mary’s University of Minnesota

Photos: Bean Robinson, PhD; Cesar Gonzales, PhD with PAHO workgroup; Alex Iantaffi, PhD
World Professional Association for Transgender Health, Walter Bockting, PhD, is the current President and Bean Robinson, PhD, is the current Executive Director of the international multidisciplinary professional association whose mission is to promote evidence based care, education, research, advocacy, and public policy in transgender health.

World Professional Association for Transgender Health, Dianne Berg, PhD, is a member of the Disorders of Sex Development Committee that works to educate and provide consultation on the current state of knowledge, research, and clinical practice regarding individuals born with sex-atypical variants of internal and external sex differentiation to professionals and the lay public.

World Professional Association for Transgender Health, Standards of Care Committee, Eli Coleman, PhD, is serving as the Chair, and Walter Bockting, PhD, and Jamie Feldman, MD, PhD, are participating in reviewing the evidence base informing the next revision of the Standards of Care for Gender Identity Disorders, promoting the highest quality of care for transgender persons around the world.

World Professional Association for Transgender Health, Transgender Medicine and Research Committee, Jamie Feldman, MD, PhD, is the Chair of the group working to develop transgender health guidelines. She has served as a consultant on a number of legal cases that have been setting precedent for health care rights to effective care for transgender persons, as well as training other health professionals in transgender health issues.

Eliminating Health Disparities Melpomene Institute, Bean Robinson, PhD, serves on the Board of Directors for the organization that seeks to eliminate health disparities in Minnesota by empowering women and girls to lead active, healthy, and full lives.

Improving Family Medicine Minnesota Academy of Family Physicians, Jamie Feldman, MD, PhD, is on the Research and Quality Improvement Committee which promotes clinical research by family physicians, residents, and students; organizes an annual research forum; and works with MAFP Research Network to encourage practice-based research efforts.

Psychology Standards Committee, Anne McBean, MA, serves the University of Minnesota Medical Center at Fairview on the committee dedicated to certification standards.

Legal Consultation and Expert Witness Testimony When called upon, PHS faculty provide scientific-based information in legal settings. We provide information on behalf of transgender individuals, individuals with intersex conditions, and as well as cases dealing with sexual abuse and sexual offending. From the Minnesota State Legislature and the Minnesota Department of Corrections to elementary schools and workplaces, we provide accurate information to increase understanding, set precedents for sexual rights, and reduce social stigma.

Media Consultation In an effort to share accurate information about human sexuality with the general public, our faculty frequently consult with major news organizations such as the New York Times, Los Angeles Times, US News and World Report, Forbes, USA Today, ABC News, WCCO News, and Minneapolis Star Tribune.

The World Professional Association for Transgender Health (WPAH) hosted its largest Biennial Symposium in Oslo, Norway, in June 2009. The event marked the beginning of an unprecedented coordinated effort to develop a consensus statement on removal or reform of the DSM Gender Identity Disorder (GID) diagnosis. This consensus project began with the division of the relevant issues pertaining to the diagnosis into nine topic areas (a task undertaken by WPATH’s then incoming President, Walter Bockting, PhD, current board member Griet DeCuypere, and incoming Secretary Treasurer Gail Knudson, MD) and the appointment of nine small international teams with professional experience in diagnosing and treating GID, including a group of lawyers and policy experts who examined the human rights implications of the diagnosis. These nine small teams were charged with creating a summary statement of the issues involved in, and recommendations for, their topic. They convened electronically prior to the Symposium and met in person at the event. Their initial ideas were presented to the assembled membership at the morning plenary on June 20. The next step in developing the consensus involves the original teams developing short papers out of their presentations, and Bockting, DeCuypere, and Knudson integrating them into one comprehensive consensus statement to inform the debate around the diagnosis. The outcome will be published in the International Journal of Transgenderism.
Our Future

“If I could make any changes at all to the current health care system, I would start with education, education, education. You can’t educate people that are not healthy. But you certainly can’t keep them healthy if they’re not educated.”

Joycelyn Elders, MD

Moving Sexual Health Forward

We have made substantial progress over the past 40 years to promote sexual health. Our program is now positioned to push forward once again. PHS is one of the largest clinical, teaching, and research institutions in the world specializing in human sexuality. As such, we are uniquely positioned to become the world’s preeminent center for sexual health. It will require a vigorous investment from generous benefactors to achieve our goal.

PHS is committed to raise $10 million to grow our avenues for interdisciplinary research and education, improve clinical care, support faculty, and create a synergy of activities which will make a lasting impact on generations to come. Over the next five years we will strive to build PHS into a more comprehensive, higher capacity, and internationally renowned program focused on improving the sexual health of individuals and communities. As envisioned, we will become a fertile home for advancing sexual health in the United States in innovative, science-based, and sex-positive ways. Our faculty and staff will work with community partners to address a wide spectrum of issues related to our citizens’ sexual well-being: reproduction, identity, gender equity, sexual pleasure, disease and violence prevention, and social stigma.

Even in the economic downturn friends of the program continue to support the powerful mission of the organization. Regardless of the economy, the need for sexual health research, education, and clinical care continues. Thank you to everyone who supports PHS through philanthropy and by spreading the word about our work and our dedicated vision for the future.
Philanthropic Priorities and Strategic Planning

This fall the PHS faculty together with staff from the Minnesota Medical Foundation revisited the organization’s strategic plan in order to evaluate and enhance the aspirations of our philanthropic campaign.

The group’s vision is to “Revolutionize the sexual climate by eliminating barriers and advancing healthy sexuality.” Supporting the vision are the four cornerstones:

- Education
- Research
- Compassionate, innovative, evidence-based care
- Promotion of science-based advocacy and public policy

Our comprehensive goals will be achieved through innovative and effective initiatives. Our new strategic plan will help the PHS faculty and Minnesota Medical Foundation staff to match our fundraising priorities with the passion of philanthropic partners, ultimately completing the campaign and moving the program closer to revolutionizing the sexual climate.

Updates

Chair in Human Sexuality This year we increased our communications efforts with program alumni, colleagues, supporters, and the general public. Through our strategic efforts of education and engagement we have reached new audiences including clinicians, potential collaborators, and potential donors. We have developed the first PHS annual report, an email newsletter, a faculty research lecture series, informational videos and podcasts, and a social networking presence. Our communication efforts promote healthy sexuality, sex education, and the work of PHS.

Joycelyn Elders Chair in Sexual Health Education Our fundraising for the endowment made great progress in late 2009 and the effort continues steadfastly into the New Year. This second endowed chair for PHS will be key to advancing science-based comprehensive sexual health education for all.

Sexual Health Library Collection This year the Tawani Foundation awarded PHS an initial grant in the amount of $50,000 to help fund the early development of a human sexuality library collection at the University of Minnesota Library, with the opportunity of additional support up to $250,000 through a five-year challenge grant. PHS will work in collaboration with the Academic Health Center and University Libraries to create a new information infrastructure around the sexuality materials currently held at the University and to create an online research portal connecting sexuality institutes, libraries, and researchers across the United States and the world. We will also formally archive materials from the organization’s 40-year history, including some donated private collections.

*Fund information has been updated since original publication.
Call to Action
The work of PHS can have an impact on millions of people around the world — every global citizen is a sexual being and will benefit from the increased understanding and new knowledge that can result from the activities of our faculty.

Your Contributions Make a Difference
We are undertaking exciting new challenges while we continue to seek solutions to centuries old mysteries. We believe that the 21st century will be the time to unlock our understanding of human sexuality. There are many opportunities to be a part of the innovative work of PHS — we are seeking partners to help us move sexual health forward. If you have a passion to improve the human condition as it relates to sexuality, we want to know about it. Together we will bring about the change we seek.

To learn more about how your contribution can make a difference, please contact Jenae Batt at 612-625-1331 or jenae@umn.edu

PHS Funds
Chair in Sexual Health The endowed chair fund is designed to support the program director and the necessary infrastructure to allow PHS to attract, retain, and support top faculty in the field of sexual health. The Chair was first appointed in 2007.

Joycelyn Elders Chair in Sexual Health Education This fund will honor one of the greatest US Surgeon Generals who dared to speak the truth about sexual health and it will embody her commitment to the highest quality comprehensive sexual health education based upon the best available science. The endowment will support the design, evaluation, and dissemination of essential sexual health curriculum for all individuals, and training for allied health care providers and education professionals. Comprehensive sexual health education is the right of every citizen and is fundamental to attaining the highest level of human development.

Human Sexuality Library Collection This fund supports the establishment of a library special collection around the field of human sexuality. The collection will be a vital tool for students, researchers, and professionals at the University, across the country, and around the world.

Ashley Rukes Transgender Health This fund supports transgender health initiatives as well as grants for health care services for the uninsured.

Doug Braun-Harvey Human Sexuality Program Support Doug Braun-Harvey, on the occasion of his 50th birthday, set up a fund that would help the mission of the Program in Human Sexuality. The intent is to grow this fund over the years in collaboration with the Chair in Sexual Health designate these funds for specific mission-based needs.

Program in Human Sexuality Faculty Appreciation and Research This fund provides “seed” grants to support PHS faculty and their projects in research, education, and clinical service.

Program in Human Sexuality General Fund This fund provides unrestricted support to the Program where it is needed most.

John W. Money Endowed Lecture Fund Provides a source of funding for the John W. Money Memorial Lecture at the World Congress of Sexual Health, the John Money Award through the Society for the Scientific Study of Sexuality, and an annual lecture on pediatric sexology at PHS in conjunction with the Department of Pediatric Endocrinology at the University of Minnesota.
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2009 Presentations

“Adolescent sexual offenders: Myths, facts, and their implications,” Michael Miner, PhD, 5th Annual Clinical Forum on Mental Health. Bismarck, ND

“Advocating for sexual health for the millennium,” Eli Coleman, PhD, symposium chair, WAS 19th World Congress for Sexual Health, Goteborg, Sweden

“All about sex,” Alex Iantaffi, PhD, workshop, Minnesota OUT! Campus Conference, St Paul, MN

“All gender health: Development of an online intervention for transgender persons who have sex with men,” Walter Bockting, PhD, Sex::Tech, San Francisco, CA

“Assessing and treating compulsive sexual behavior,” Brian Zamboni, PhD, continuing education seminar, via PESI, Inc

“Barriers to seeking and benefiting from therapy for the consensually non-monogamous,” David Rodemaker, MA, Alex Iantaffi, PhD, CARAS/SOGI Conference on Alternative Sexualities, Chicago, IL

“Caught in a web: Impulsive and compulsive sexual behavior on the Internet,” Eli Coleman, PhD, Grand Rounds, Sheppard Pratt Health System, Baltimore, MD

“Compulsive sexual behavior,” Anne McBean, MA, & Brian Zamboni, PhD, Lawyers Concerned for Lawyers on CSB assessment, via webcast

“Conducting sexuality research online with hard-to-reach populations,” Alex Iantaffi, PhD, Jeremy Grey, Keith Horvath, PhD, & Walter Bockting, PhD, WAS 19th World Congress for Sexual Health, Goteborg, Sweden

“Defining HIV status: Supplementing self report with recency of HIV testing and risk behaviors,” Rebecca Swinburne Romine, MA, & Bean Robinson, PhD, National HIV Prevention Conference Promoting Synergy Between Science and Program Innovation and Action to End the Epidemic, Atlanta, GA

“Development of sexual identity, barriers to intimacy and the promotion of sexual health,” Eli Coleman, PhD, presidential address at the International Academy of Sex Research Annual Meeting, San Juan, Puerto Rico

“A double-blind, placebo-controlled study of the opiate antagonist, naltrexone, in the treatment of kleptomania,” Jon Grant, MD, JD, MPH, Suck Won Kim, MD, & Brian Odlaug, 49th Annual NCDEU Meeting, National Institute of Mental Health, Hollywood, FL

“Effects of childhood abuse on measures of sexual and relationship adequacy” Morgan Paldron, MA, & Michael H. Miner, PhD, Association for the Treatment of Sexual Abusers, 28th Annual Treatment and Research Conference, Dallas, TX

“Medical aspects of transitioning,” Walter Bockting, PhD, Equal Opportunity for Transgender Student-Athletes: A National think tank, Indianapolis, IN

“Facilitating the self through group therapy: A trans-affirmative model,” Cesar Gonzalez, PhD, & Katherine Spencer, PhD, Minnesota Transgender Health and Wellness Conference, St. Paul, MN

“From sex change to coming out: Transforming the paradigm of transgender health,” Walter Bockting, PhD, Minnesota Trans Health and Wellness Conference, St. Paul, MN

“Gender identity disorder,” Alex Iantaffi, PhD, Marriage and Family Therapy, St. Mary's University, Minneapolis, MN

“Gender identity disorder and the medicalization of gender identity,” Alex Iantaffi, PhD, forum, Minnesota Transgender Health Coalition, Spirit of the Lakes United Church of Christ, Minneapolis, MN

“HIV prevention for trans people who have sex with non-trans men: initial findings from All Gender Health Online,” Alex Iantaffi, PhD, Minnesota Trans Health and Wellness Conference, St. Paul, MN

“How to approach sexual issues with clients,” Dianne Berg, PhD, Human Service, Inc, Oakdale, MN

“Homophobia and internalized homophobia among men who have sex with men – A review of instruments,” Bean Robinson, PhD, WAS 19th World Congress for Sexual Health, Goteborg, Sweden

“Hormone therapy for transgender patients: Initiation and maintenance,” Jamie Feldman, MD, PhD, Minnesota Trans Health and Wellness Conference, St. Paul, MN

“Imaginal desensitization and motivational interviewing for pathological gambling,” Jon Grant, MD, JD, MPH, plenary session, National Council on Problem Gambling annual meeting, Indianapolis, IN

“Impulse control and frontal lobe abnormalities in impulsive/compulsive sexual behavior” Michael Miner, PhD, International Academy of Sex Research, 35th Annual Meeting, San Juan, Puerto Rico

“Impulse control disorders,” Jon Grant, MD, JD, MPH, 162nd Annual Meeting of the American Psychiatric Association. San Francisco, CA
“Is patient care improved with a multidisciplinary team approach? The three-year experience of the Leo Fung Center for Congenital Adrenal Hyperplasia and Disorders of Sex Development,” Walter Bockting, PhD, Department of Pediatrics Grand Rounds, University of Minnesota Medical School, Minneapolis, MN

“Low-dose nalmefene for pathological gambling: A multi-center, double-blind, placebo-controlled trial,” Jon Grant, MD, JD, MPH, Suck Won Kim, MD, & Brian Odlaug, 48th Annual Meeting, American College of Neuropsychopharmacology, Hollywood, FL

“Movie screening, Transgender Stories,” Walter Bockting, PhD, 34th Annual Meeting of the Society for Sex Therapy and Research, Arlington, VA

“Non-binary approaches to gender identity in health care,” Katherine Spencer, PhD, Minnesota Trans Health and Wellness Conference, St. Paul, MN

“Pathological gambling: Neurobiology and pharmacological treatment,” Jon Grant, MD, JD, MPH, keynote address, Finnish Society of Addiction Medicine Annual Meeting, Turku, Finland

“Psychological counseling and support,” Walter Bockting, PhD, Obstetrics, Gynecology, and Women’s Health, Minneapolis, MN

“Queer sex, safer sex, better sex,” Alex Iantaffi, PhD, Minnesota Trans Health and Wellness Conference, St. Paul, MN

“Raising sex-positive children in a sex-negative world,” Alex Iantaffi, PhD, BECAUSE Conference, Minneapolis, MN

“Recent validation findings of the J-SOAP-II and JSORRAT-II: Implications for juvenile risk assessment,” panel, Amanda Powers-Sawyer, PsyD, symposium chair, Michael Miner, PhD, Association for the Treatment of Sexual Abusers, 28th Annual Treatment and Research Conference, Dallas, TX

“Relationship of behavior addictions to substance disorders,” Jon Grant, MD, JD, MPH, Grand Rounds, Department of Psychiatry, Indiana University Medical School, Indianapolis, IN

“The role of doctors in the law concerning transgender/transsexual people – formulating policy and practice.” Walter Bockting, PhD, Eli Coleman, PhD, Jamison Green, MFA, Lori Kohler, MD, Jennifer Levi, JD, Audrey Mbugua, Sharon McGowan, JD, Alex Sharpe, PhD, Stephen Whittle, OBE, & Kevan Wylie, MD, workshop, WPATH 21st Biennial Symposium, Oslo, Norway

“The role of hostile masculinity and masculine adequacy in juvenile sex offenders” Charles Helm, MA, & Michael Miner, PhD, Association for the Treatment of Sexual Abusers, 28th Annual Treatment and Research Conference, Dallas, TX

“Sex and gender (don’t) matter: Understanding sex between nontransgender men and trans women and trans men,” Jamie Feldman, MD, PhD, Intersections: Celebrating 50 Years of Interdisciplinarity, Society of Medical Anthropology, Yale University, New Haven, CT

“Sex offender treatment: A forensic vs. human sexuality perspective,” Michael Miner, PhD, 5th Annual Clinical Forum on Mental Health, Bismarck, ND

“Sexual dysfunction: An update” Brian Zamboni, PhD, continuing education seminar, via PESI, Inc

“Sexual health and college students: Fact and fiction,” Brain Zamboni, PhD, Omega Psi Phi Fraternity, University of Minnesota, Minneapolis, MN

“Sexual risk taking among transgender persons who have sex with men,” Jamie Feldman, MD, PhD, Bean Robinson, PhD, Jeremy Grey, & Walter Bockting, PhD, WPATH 21st Biennial Symposium, Oslo, Norway

“Sexuality and recovery from chemical dependency,” Brian Zamboni, PhD, River Ridge Treatment Center, Burnsville, MN

“Sexuality and seniors,” Brian Zamboni, PhD, Care Providers of Minnesota Assisted Living/Senior Housing Summit, St. Cloud, MN

“Shaping transgender-specific healthcare services: An anthropological account,” Marieke van Eijk, MA, WPATH 21st Biennial Symposium, Oslo, Norway

“Stigma or inherent distress,” Eli Coleman, PhD, reports from working groups, WPATH 21st Biennial Symposium, Oslo, Norway

“A systematic evaluation of transgender health-related online resources,” Alessandra Iantaffi, PhD, Jeremy Grey, Keith Horvath, PhD, & Walter Bockting, PhD, WPATH 21st Biennial Symposium, Oslo, Norway

“The theory of gender and stigma: Transgender-affirmative typology, treatment, and research workshop,” Walter Bockting, PhD, 34th Annual Meeting of the Society for Sex Therapy and Research, Arlington, VA

“Trans-positive psychotherapy with children, adolescents, and adults,” Walter Bockting, PhD, 34th Annual Meeting of the Society for Sex Therapy and Research, Arlington, VA

“Transgender 101” and “Dilemmas and themes in therapy with transgendered clients,” Dianne Berg, PhD, Transgender Health Care: A Holistic Approach campus-community conference, University of Wisconsin, LaCrosse, WI
“Transgender 101” and “Medical and preventive care for transgender patients,” Jamie Feldman, MD, PhD, Transgender Health Care: A Holistic Approach campus-community conference, University of Wisconsin, LaCrosse, WI

“Transgender health,” Jamie Feldman, MD, Grand Rounds, St. John’s Hospital. Maplewood, MN

“Transgender health and HIV, national training exchange,” Walter Bockting, PhD, AIDS Education & Training Centers, Minneapolis, MN

“Understanding sex between FtM, genderqueer people and non-transgender men,” Jamie Feldman, MD, PhD, & Alessandra Iantaffi, PhD, 21st Biennial Symposium of the World Professional Association for Transgender Health, Oslo, Norway

“Understanding sex between trans women and non-transgender men,” Bean Robinson, PhD, David Valentine, PhD, Jamie Feldman, MD, PhD, Alessandra Iantaffi, PhD, Jeremy Grey, & Walter Bockting, PhD, WPATH 21st Biennial Symposium, Oslo, Norway

“Using structural equation modeling to examine sexually coercive behavior in male adolescents” Jane Harries, MA, Raymond Knight, PhD, & Michael H. Miner, PhD, Association for the Treatment of Sexual Abusers, 28th Annual Treatment and Research Conference, Dallas, TX

“Views from both sides of the bridge: The influence of gender on transgender people’s experiences of relationships,” Alessandra Iantaffi, PhD, & Walter Bockting, PhD, WPATH 21st Biennial Symposium, Oslo, Norway

“What’s gender got to do with my Deities?” Alex Iantaffi, PhD, Pagan Pride, Minneapolis, MN

“What’s non-deviant sex? An overview of sexual development and adult sexual behavior,” Michael Miner, PhD, Association for the Treatment of Sexual Abusers, 28th Annual Treatment and Research Conference, Dallas, TX

“Where the boys are: Online ethnography of men having sex with transgender persons (MSTG),” Jamie Feldman, MD, PhD, Muriel Vernon, MA, & Walter Bockting, PhD, WPATH 21st Biennial Symposium, Oslo, Norway

“Why don’t they understand? Issues in communication between sex researchers and IRBs” Michael H. Miner, Ph.D., International Academy of Sex Research, 35th Annual Meeting, San Juan, Puerto Rico

“Working with children who may have a gender identity disorder,” Dianne Berg, PhD, Fairview Psychology Interns, Fairview Riverside University Hospital, Minneapolis, MN

“WAS: 30 years of work: An activity to commemorate 30 years of the Constitution of WAS,” Eusebio Rubio-Aurioles, Marc Ganem, Eli Coleman, Ruben Hernandez-Serrano, Alan Wabreck, Fernando Bianco, & Romano Forleo, panel, WAS 19th World Congress for Sexual Health, Goteborg, Sweden

“WPATH’s consensus statement on gender dysphoria and the DSM,” Walter Bockting, PhD, WPATH 21st Biennial Symposium, Oslo, Norway