Advancing the sexual health of Minnesota, the nation, and the world through preeminence in research, education, clinical service, and advocacy.

Program in Human Sexuality

Ground-breaking discovery through research

Compassionate, innovative, evidence-based care

Education and community partners

Science-based advocacy and public policy
Chair in Sexual Health

This has been an exceptional year at the Program in Human Sexuality (PHS) at the University of Minnesota. Through philanthropic support, we were able to recruit the first Joycelyn Elders Chair in Sexual Health Education at the University of Minnesota. Michael Ross, MD PhD MPH became the inaugural chair on December 1, 2014. The Elders chair is designed to revitalize sexual health education across the lifespan and expand the research needed to support this work.

Our faculty continue their work in human sexuality research, education, clinical care, and public policy. Our research enterprise includes new investigators who are increasing our understanding of human sexuality and tackling complex sexual problems. We have been advancing research in HIV prevention, sexuality and aging, and transgender health services. Through a generous gift, we were able to conduct new research in sexuality and aging and have plans to translate the findings into a theatrical performance to inform the public. The research of faculty Michael Miner, PhD, continues to advance the fields of sex offender treatment and impulsive/compulsive sexual behavior by testing prominent theories and providing empirical challenges to accepted beliefs.

With support from a generous gift, we were able to expand our educational endeavors and recruit the first fellow for the Michael E. Metz Fellowship in Couples’ Sexual Health. Michael Metz, PhD, was a former faculty member, respected psychologist and author. We continue to train other distinguished clinical fellows in human sexuality and are looking for opportunities to support them with more time for research through philanthropic support.

In December 2014, we held the second Summit on Medical School Education in Sexual Health at the Commons Hotel in Minneapolis. The summit was attended by over 50 experts in sexual health education from the United States and Canada and chaired by former Surgeon General Joycelyn Elders, MD, MS. The meeting created a number of work groups to provide useful educational products to support sexual health education in medical schools. The challenge is daunting, but the Program in Human Sexuality is committed to making a difference.

Clinicians at the Center for Sexual Health, the clinical arm of our program, provided high quality therapy to individuals and families of all backgrounds. As we look to the future of the Program in Human Sexuality, we will focus our clinical efforts towards transgender care, relationship and sex therapy, and compulsive sexual behavior. The focus on these clinical areas will align PHS with our mission and strengthen our commitment to exceptional clinical care.

We have engaged in a number of public policy activities, including addressing the issue of sexual rights as human rights, civil commitment for sexual offenders, trans men and women serving in the military, and sexual health as a public health strategy. We were able to provide leadership and funding to help the World Association for Sexual Health revise its Declaration of Sexual Rights (released September 2014). We are committed to going beyond our walls and enacting real change in this world by advocating for a sexually healthy climate. Without a healthy society, we cannot have healthy individuals and families. We will continue to insist that sound public policy be based on the best available science.

Thank you for all you do to support our efforts to advance sexual health. It is because of you – our donors, our colleagues, and our advocates—that we continue to thrive.

Thank you,
Eli Coleman, PhD
Academic Chair in Sexual Health
Professor and Director
Compulsive Sexual Behavior and HIV Risk
The study aims to gather the empirical data needed to clarify the characteristics of sexual compulsivity and how it leads to increased levels of HIV sexual risk behavior. Michael Miner, PhD, is the principal investigator of the study funded by the National Institute of Mental Health.

Cross-cultural Perspectives on Gender Variance
Ell Coleman, PhD, is concluding his 30 years of research on gender variance and cross-gender behavior in cultures where gender variance is more tolerated, embedded into the normative societal structure of gender, and sometimes a revered phenomenon.

D-P@RK
The study aims to overcome health disparities to HIV testing for Deaf men who have sex with men (DMSM) through the development of Internet-based screening and prevention tools. Alex Iantaffi, PhD, is the principal investigator of this study funded by the National Institute of Child Health and Human Development.

Roots of Sexual Abuse
The study applied attachment theory to identify the unique and shared risk factors for adolescents perpetrating child sexual abuse, sexual assault, non-contact sex offenses, and those displaying mental health difficulties. Michael Miner, PhD, was the principal investigator of this study funded by the Centers for Disease Control and Prevention National Center for Injury Prevention and Control.

Sexuality and Aging
This formative research project is designed to investigate sexuality, mindfulness, and the body in aging populations. Sara Mize, PhD, and Alex Iantaffi, PhD, are the principal investigators on this project funded by the Sexuality and Aging Research Fund at the University of Minnesota Foundation.

Somali Women’s Initiative for Sexual Health
The aim of this project was to better understand the sexual knowledge, attitudes, and behaviors related to female genital cutting and HIV/STD transmission and prevention within the Somali community. Bean Robinson, PhD, is the principal investigator, and the study was funded by the University’s Program in Health Disparities Research, IDEA Multicultural Research Award, and UCare Fund.

SOTIPS Implementation Evaluation Project
The aim of this project is to conduct a rigorous analysis of the utility of a newly developed, dynamic risk factor assessment for sexual offenders, Sex Offender Treatment Intervention and Progress Scale (SOTIPS). Michael Miner, PhD, is the principal investigator of this study funded by the Department of Justice National Institute of Justice.

Trans* Health: Disparities in HIV Testing, Treatment, and Prevention
This project used community-based participatory research to conduct a needs assessment with the transgender community, focused on HIV testing rates, medication adherence, and knowledge and acceptability of pre-exposure prophylaxis. Alex Iantaffi, PhD, is the principal investigator and this project is funded by the Developmental Center for AIDS Research at the University of Minnesota.
We educate postdoctoral psychologists, medical students, medical residents, and researchers in specialized sexual health care and sexual science. With our community partners, we work to improve sexual health resources and education.

We graduated three postdoctoral fellows, Rebecca Stinson, PhD, Brenna Wernersbach, PhD, and Lauren Fogle, PsyD. PHS welcomed new fellows Janet Brito, PhD, Jennifer Vencill, PhD, and Rachel Becker-Warner, PsyD to join fellow Phillip Johnson, PhD.

Faculty worked with community partners, primarily in the areas of GLBT health, sexuality and aging, and sex offender treatment.
We promote the sexual health of individuals, couples, and families of all backgrounds and ages by providing assessment and treatment.

We continue to explore ways in which our clinical care can be synchronized with clinical research. The research and clinical faculty are collaborating to develop a more focused research agenda in the area of transgender health, including the adult and adolescent international testing and assessment protocols. We have been working on developing electronic health record forms that increase the usability of electronic records to accurately track transgender patients and increase the ability to utilize clinical data for research.
Our faculty work to translate science-based information into science-based public policy.

Eli Coleman, PhD, served on the Transgender Military Service Commission at the Palm Center, Department of Political Science, University of California, San Francisco. He co-authored a publication based on findings from a multi-year research initiative to study transgender service in the US military. The initiative is the most comprehensive academic research project ever conducted on transgender military service.

Eli Coleman, PhD, provided leadership and funding to help the World Association for Sexual Health revise its Declaration of Sexual Rights (released September 2014).

PHS hosted a Summit in Sexual Health Education in Medical Schools in December 2014. The summit was attended by over 50 experts in sexual health education from the United States and Canada and chaired by former Surgeon General Joycelyn Elders, MD, MS.
Donor Spotlight: Susan Kimberly

I’m a 72-year-old transsexual, and I’ve known since I was about three years old that things were not right. This was still in the 1940s, so you grow up thinking that you’re the only person in the world. I didn’t know about anybody else (that was trans*) until I was 10 years old and Christine (Jorgensen) had her surgery. So, to me, the Program in Human Sexuality is a place where transgender people can get help. Knowing that PHS is here and can help is really, really, important.

PHS had a backyard barbeque in South Minneapolis in the late 1990s and that was the first time I talked to Eli (Coleman) about giving money. I had been involved in the program in a variety of ways; this was the first time we talked about major fundraising. I realized that giving was important because people needed to know that this was a place to come. People need to know that there are two ways to give to PHS, and they are both important. One way is to write a check every year to the program. If you do that over several years, it’s amazing how much you can give to the program. The other is that you make provisions in your will so that you can give a portion or all of your estate to the program and to the University. The reason that giving is important is that that’s how we can expand the faculty — that’s how we can expand the program.

It’s hard for me to explain to people how far trans* acceptance has come. We’ve come a long, long way and it’s good that PHS isn’t the only show in town. But we should be the best show in town. You can help us by supporting PHS with an estate gift.

Estate Donors
Lila “Peggy” Azad
Walter O. Bockting
Iver and Nancy Bogen
Eli Coleman
Phillip L. Colgan and Goel L. Weirs
Brennan Hannon
Susan E. Kimberly
Charles A. Moser
Beatrice E. Robinson
As the current chair of the Program in Human Sexuality’s National Leadership Council, I am thrilled to be a part of this moment that we have worked so hard to achieve: the inauguration of the Joycelyn Elders Chair in Sexual Health Education. This has been a journey filled with hope, trepidation, a little panic, and ultimately: joy. The council and everyone at PHS thank all whom contributed time, talent and philanthropy to make this dream a reality. Above all, we must thank Dr. Elders. This chair, named in her honor, is a testament to her lifelong and unwavering commitment to sexual health education, especially for young people. Her career in the service of others continues to inspire, and the chair holder will be able to carry on that commitment into the future. This inauguration signals the beginning of this new effort as we welcome Dr. Michael Ross as the first holder of this Chair in Sexual Health Education. We look forward to progress we can forge here at the University of Minnesota in the realm of sexual health education.

While the council is celebrating having established this second endowed chair at the Program in Human Sexuality, we realize the need to build on this success and create more resources to realize our dream of creating a sexually healthier nation. We need to strengthen all of the arms of PHS’ mission to maximize the capacity to make real change in everyone’s lives now and for generations to come. As PHS transforms into a more comprehensive, higher capacity, and internationally renowned program, we will become a fertile home for advancing sexual health in innovative, science-based, and sex-positive ways. This commitment uniquely positions us to become the world’s preeminent institute for sexual health.

Our vision is to revolutionize the sexual climate by eliminating barriers and advancing healthy sexuality.

There are many opportunities to be a part of the innovative work of PHS—we are seeking partners to help us move sexual health forward. If you have a passion to improve the human condition as it relates to sexuality, we want to know about it. Together, we will bring about the change we seek. We are committed to raise $10 million to grow our avenues for interdisciplinary research and education, improve clinical care, support faculty, and create a synergy of activities, which will make a lasting impact on generations to come. We strive to build PHS into a more comprehensive, higher capacity, and internationally renowned program focused on improving the sexual health of individuals and communities.

Give online: z.umn.edu/phsgift
Give by phone: 800-775-2187 or 612-624-3333
Give by mail: Send your check to the University of Minnesota Foundation P.O. Box 64001 St. Paul, MN 55164-001

Endowment
$10 Million Goal
$6.1 M Pledged
$5.1 M Received

Funds

Dr. Chip Martin-Chaffee
Chair, National Leadership Council

The Joycelyn Elders Chair in Sexual Health Education

Above: Joycelyn Elders, MD MS and Chris Martin-Chaffee, MD

Above: Lou Paget and Eli Coleman, PhD
Fiscal Year 2013-2014

Revenue

Clinical Services $1,919,675
Academic Support $345,106
Research Grants $560,387
Other $36,707
Endowments & Donations $175,801
Total Revenue $3,037,676

Expenses

Salaries for research, education, clinical services, & administration $1,240,788
Research Grants $5,000 - $9,999
Endowments & Donations

Chair in Sexual Health
$100,000 or more
Anonymous
N. L. Geath
Jennifer N. Pritscher
M. H. Blank
Robert J. Jeddeloh and Peter K. Krembs
Leo F. and Jeanne C. Feeney
Pamela S. Connolly
Church & Dwight Co., Inc.
Jeffrey J. Cavanaugh Fund
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Lois E. Carlson
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Lila "Peggy" Arnot*
Virgil R. Ballenger
A. Evan Eyler
Sandra L. Nohre and Mario A. Petrini
Toby R. W aller
Sisters of Mercy in honor of S. Margretta
Soren A. Ryberg and Martin P. McCann III
Beatrice E. Robinson*
Charles A. Moos*
Beijing
Sven Grutzmeier
Anonymous
Emil H. and Virginia Laken
June Laxovsk
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Paul R. Mondt
William A. and Sara J. Sow
John Money
Diane Marciotte and Philip B. Geller
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Susan Phipps-Yonas and Albert Yonas
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Richard Warren Smith
William R. Stayton
Vekora K. Ubbell and Kethasen M. Ogle
Deborah L. Weker and Michael L. Mann
Winston Wilde
Susan N. Wilson
Ralph W. Weikelmeyer
Keith R. and Dale Abrahm
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Diane M. Alims and Esther Porth
Benneft
M. J. (Kari) Anderson
Michiho M. Aoki
Constance Annali
Pierre Asabian
Michael A. and Iris M. Baer
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Dan B. and Mary Ann Barrows
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Margaret B. and William McAdoo
Brian J. Winn
Linda De Villers
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Marci L. Bowers
Daniel H. Bowers and Steven J. Weissman
Carole and Richard Bland
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Jamie Bush
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Dorothy P. Coleman and James Dye
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Robert P. and Shawn Coleman
Philip L. Culpin and Gerd L. Vesa*
Linda De Villers
George J. Dubb
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Grant Funding

$4,870,000 $3,916,000 $4,176,600 $8,821,000 $10,085,900 $10,605,480 $7,002,481 $2,323,748 $1,626,648 $976,498 $1,314,999 $1,699,498 $2,045,087 $1,930,387 $2,250,000

*Includes estate gift
**Represents cash and stock gifts received by the University of Minnesota Foundation, not representative of outstanding pledge balances
Joycelyn Elders Chair in Sexual Education***
$50,000 - $99,999 continued

Joycelyn Elders Chair in Sexual Health Education***
$25,000 - $49,999 continued

M. Joycelyn and Oliver B. Elders, Jr. and family
Chris Kraft

Jude LaValle and Duane F. Stoll
Harvey B. and Carol Ann Meyrick
Edward B. Martin and William M. Chaffee

Joycelyn Elders Chair in Sexual Health Education***
$50,000 - more than

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Leadership Councils

The Minnesota Leadership Council’s mission is to engage a broad spectrum of Minnesotans in a conversation about PHS’s future and assist PHS in maintaining its long-term sustainability by generating financial support in Minnesota to advance its mission and vision (established 2007).

The Leadership Council is:
Dan Bowers, Margretta Dwyer, Joycelyn Elders, Fred Ettner, Randi Ettner, Susan Kimberly, Chris Kraft, Keith Laken, June La Valleur, Past Chair, Chip Martin, Chaffee Chair, Lou Paget, Vice Chair, Susan Phipps Yonas, Jennifer N. Pritzker, Tom Reise, Duane Rost, Pepper Schwartz, Bill Stayton

The Leadership Council is:
Lois Carlson, Harvey Friedenson, Susan Kimberly, Co-chair, Herbert Laube, Stacey Mills, Susan Phipps Yonas, Co-chair, Brigid Riley

Faculty

Eli Coleman, PhD
Professor
Director
Chair in Sexual Health

Michael Miner, PhD
Professor
Director of Research

Bean Robinson, PhD
Associate Professor
Clinical Services Director
Relationship & Sexual Therapy Coordinator

Dianne Berg, PhD
Assistant Professor
Child & Adolescent Services Coordinator

Jamie Feldman, MD, PhD
Associate Professor

Alex Iantaffi, PhD
Assistant Professor

Lisa Miles, CNM, NP
Psychiatric Nurse Practitioner

Sara J.S. Mize, PhD
Assistant Professor

Katie Spencer, PhD
Assistant Professor
Transgender Health Services Coordinator

Rosemary Munns, PsyD
Assistant Professor
Sex Offender Treatment Program Coordinator

Brian D. Zamboni, PhD
Associate Professor

Michael Ross, MD, PhD, MDH, MHPEd, MST
Professor
Joycelyn Elders Chair in Sexual Health Education

Anne McBean, MA
Instructor
Compulsive Sexual Behavior Treatment Coordinator

Nancy Raymond, MD
Professor

The Leadership Council’s mission is to generate interest in and financial support for programs and research, allowing PHS to fulfill its mission and vision for the future by creating long-term sustainability (established 2007).

The Minnesota Leadership Council’s mission is to engage a broad spectrum of Minnesotans in a conversation about PHS’s future and assist PHS in maintaining its long-term sustainability by generating financial support in Minnesota to advance its mission and vision (established 2012).
**Adjunct Faculty**
Patricia Atley, PhD
Walter O. Bockting, PhD
Bill Stayton, PhD, PhD

**Postdoctoral Fellows**
Rachel Becker-Werner, PsyD
Janet Brito, PhD
Lauren Fogel, PhD
Philip Jia Johnson, PhD
Rebecca Simon, PhD
Jennifer Wexel, PhD
Brenna Wernervich, PhD

**Research Staff**
Amanda Cawo, Volunteer
James DeWitt, Community Program Assistant
Heidi Fall, Administrative Specialist in Research
Chris Hoeller, Proj. Coord., SOTIPS
Cathy Strickland, Proj. Coord., Compulsive Sexual Behavior

**Clinic & Office Staff**
Diane Butcher, Clinic Manager
Rehanon Blackdeer de Prado, Clinic Operations Lead
Stephanie Cardenas, Billing Operations Manager
Robert Exhardt, Patient Representative
Cassandra Gabriel, Clinic Operations Lead
Adina Kingbird, Patient Representative
Robert Kylee, Administrative Coordinator
Maggie Markwardt, Patient Representative
Alyssa Mason, Patient Representative
Jennifer Obinna, PhD, Research Assoc., SOTIPS
Dominik Poulin, Lab Technician
Amanda Pressner, Patient Representative
Heather Rylden, Patient Representative
Angela Thompson, Patient Representative
Rosanne Thompson, Financial Counselor
Maya Thor, Patient Representative
Dhan Turcotte, Communications Coordinator

**Annual Report**
Tim Burrinholtz, photographer
Dhan Turcotte, designer, editor, photographer
Dana Roat, photographer

**Affiliated Researchers and Consultants**
Awa Cawo Abd, PhD, UMN, Sociology
Amira Adawe, MPH, St. Paul Department of Public Health
Amira Ahmed, Dr, Phibway Community Dev., Inc
N. Jean Amoura, MD, University of Nebraska Medical Center
Dali Adbik, RN, Somali Health Solutions
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Tom Bichanga, Dir. Outreach & Prevention, Aliveness Project
Walter Bockting, PhD, Proj. Coordinator
Lou Boyle, PhD, UMN, Chair Sociology Department
Sonja Brady, PhD, Division of Epidemiology & Community Health, School

**Publications**


Presentations

Iantaffi, A. (2014). Effects of sexually explicit media (SEM) consumption on young men who have sex with men (YMSM). Presented at Program in Human Sexuality Faculty Research Presentation, University of Minnesota, Minneapolis, MN, November 12, 2014.


Iantaffi, A., Men, relationships, and sexuality. Presented to University of Minnesota Medical Students, Minneapolis, Minnesota, February 10, 2014.


Iantaffi, A., Mental health issues in trans community panel. Presented at PFLAG, Twin Cities Chapter, Minneapolis, MN, May 18, 2014.


Iantaffi, A., Barber, M.J. Creating and Nurturing Mindful Relationships with ourselves and each other. Walker Community Church, Minneapolis, MN, October 6th, 2014.

Miner, M. Invited speaker for panel at the University of Minnesota, Bioequity & Beyond: Reimagining Sexual Orientation. Critical Conversations by Office for Equity and Diversity, October 10th, 2014.

Miner, M. Putting the Sex in Sex Offender Treatment. Training supported by the New York State Department of Mental Health, Buffalo, Utica, Albany, and New York City, New York, November 17-18, 2014.

Miner, M. Exploring the DSM-5: Implications and Applications for Sex Offender Assessment and Treatment. Pre-conference workshop at the ATSA 33rd Annual Research and Treatment Conference, San Diego, California, October 29, 2014.

Miner, M. What We Know about Sexual Development, Sexual Behavior, and Hypersexuality. Training supported by Alaska Department of Corrections and University of Alaska at Anchorage, Anchorage, Alaska, April 28, 2014.

Miner, M. How Attachment Theory Informs Understanding Sexual Offending. Implications for Treatment. Training supported by Alaska Department of Corrections and University of Alaska at Anchorage, Anchorage, Alaska, April 27, 2014.


Presentations


Berg, D. Clinical work with gender creative/non-conforming children: What’s been learned over the last five years (Part 2). Presentation at PHS Faculty Research Presentation, University of Minnesota, Minneapolis, MN, September 10, 2014.


Berg, D. Clinical work with gender creative/non-conforming children: What’s been learned over the last five years. Presentation at PHS Faculty Research Presentation, University of Minnesota, Minneapolis, MN, July 9, 2014.

Berg, D. Clinical work with gender creative/non-conforming children: What’s been learned over the last five years. Presentation at the Minnesota Association for Children’s Mental Health Fall Training Series, Shoreview, MN, December 8, 2014.


Coleman, E. Sexual issues in gay/lesbian patients: Promoting sexual health among gay and lesbian individuals: Treatment considerations. World Meeting on Sexual Medicine, Sao Paulo, Brazil, October 11, 2014.

Coleman, E. Paraphilias: New concepts, classification and treatment options. World Meeting on Sexual Medicine, Sao Paulo, Brazil, October 11, 2014.

Keynote Address: Coleman, E. LGBTI Research: Where We Came From and Where We Are Going? Conference on Current Issues in Lesbian, Gay, Bisexual, Transgender, and Intersex (LGBTI) Health Research, Baldwin Wallace University, Berea, Ohio, August 7, 2014.


